



NEWSLETTER

Birmingham Green's Summer Newsletter

Message from CEO

It is Officially Summer! Also known as the Pursuit of Happiness season, which is a reminder to come alive and engage. Summer is a state of mind when many of our deepest memories are forged, June-August. Just think of your own childhood summer vacations and pastime memories. "Live in the season as it passes; breathe the air, drink the drink, taste the fruit and resign yourself to the influence of the earth", Henry David Thoreau wrote in Walden.

Summer, has just begun and at Birmingham Green it has lived up to the meaning of summer as you will learn. The July 2024 issue of Neighbors of Historic Manassas Magazine will publish an article on The Quiet Crisis, please read and let us know your thoughts. On June 3-4 we joined senior living services providers on a national level to visit Capitol Hill as part of the Congressional Briefing American Health Care Association and National Center for Assisted Living providers to share the potential impact that the April 2024 Centers for Medicare & Medicaid Services (CMS) final rule for an unfunded minimum staffing mandate in skilled nursing facilities will have on our industry and more importantly those we serve. We had the privilege of recognizing 5 Nurse Aide graduates who completed Birmingham Green's Nurse Aide program, 4 of the graduates have joined our team at the nursing home. As you read this newsletter you will understand our excitement and learn about our announcements of new team members and past/present/upcoming events.

As you align yourself in the festivities of summer, I encourage you to make new memories. We look forward to sharing with you in the Fall Newsletter the new memories that we made over the summer at Birmingham Green.



Denise Chadwick Wright, CEO

Denise Chadwick Wright

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Mothers' Day Brunch

Sunday, May 12, 2024

Family Members attend Mothers' Day Brunch with our residents in recognition of Mothers Day!



Cinco De Mayo

Sunday, May 5, 2024

Cinco de Mayo is a holiday that celebrates the date of the Mexican army's May 5, 1862 victory over France at the Battle of Puebla during the Franco-Mexican War. We celebrated BG style with mocktails and quesadillas!!!



Women's History Month

Wednesday, March 27, 2024

Alice Decker, HR Director and Compliance Officer, and her Team hosted a celebration of Women's History Month for BG's residents and staff. Guest Speaker, Jill Kracov Zancckgraf, Executive Director of the National Women's History Alliance, provided a presentation discussing the contributions of women dating as far back as the 19th century until now. We learned so much at this amazing event!



UPCOMING EVENTS

06/03-06/17	Open Enrollment Health Fair
06/15	Family Day Carnival (Rain Date: 06/22)
06/16	Father's Day
06/17, 6/27 & 6/28	Zoll AEDPlus Mandatory Training for RNs, LPNs & CNAs (Learning Development)



Country Western Day

Tuesday, May 14, 2024

Residents and team members dressed as cowboys and cowgirls and enjoyed root beer floats at the BG Saloon in honor of National Skilled Care Week!



Solar Eclipse Day

Monday, April 8, 2024

Fun in the sun with residents and team members during our Solar Eclipse Social!



Love Church Visits

Saturday, April 20, 2024

Love Church of Gainesville VA provided our residents with cards and succulent plants! We sang songs and socialized as well!



Easter Sunday

Sunday, March 31, 2024

Celebrating Easter with our residents.

CECA Awards Ceremony

Friday, April 26, 2024

Congratulations are in order for 1st Quarter 2024 CECA Honoree Maria Guillen, WO Laundry Aide. Maria's team attended the celebration and was presented with \$250.00.

Fatima Zulu, WO Nursing Supervisor, could not attend the celebration but was also recognized as the 1st Quarter 2024 CECA Nominator and received a \$50.00 gift card.

Thank you Maria and Fatima for your dedication to Birmingham Green!



Retirement Ceremony

Thursday, May 30, 2024

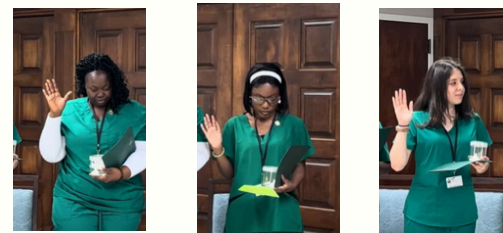
Congratulations and best wishes are in order for retirees Carolyn Brown - 13 years, Ethel Sigler - 6 years, Sarla Patel - 30 years, and Virginia Herrell - 44 years. They have a combined total of 93 years working as team members at Birmingham Green.



Nurse Aide Graduation Ceremony

Friday, May 31, 2024

Please join us in congratulating our five nurse aide graduates Zainab Dumbuya, Marilyn Lucero-Reyes, Annie Osias, Myra Sampson Reeves and Haja Thoranka to the profession dedicated to service and resident care. We welcome you all!



*A Community with a holistic approach;
fostering the spirit, nurturing the body
and nourishing the mind.*

AWARDS & RECOGNITIONS

Please join us in welcoming Robert, Angie & Steven to the team!

Welcome Robert Hahn as Birmingham Green's new Chief Advancement Officer. We are thrilled to welcome Robert Hahn as Birmingham Green's new Chief Advancement Officer. Robert has spent his career in nonprofit management and philanthropy, specializing in mission-driven organizations that are starting up and/or at a critical stage of growth. Most recently he worked at End Hunger in Southern Maryland as its Chief Executive Officer and Founder, building the systems and capacity for major philanthropic growth. Prior to End Hunger in Southern Maryland, he spent 30 years as a Senior Pastor, where he grew the organization from 3-digit to 4-digit average weekly participants, expanded the church campus and programs and its combined net worth exceeding \$11 million. Robert was raised in New York, Puerto Rico and locally in Washington, DC, and he has a special love for reading music and playing his guitar. When not working, you can find him hanging at the pool or beach or hanging with his wife Jean and wondering how their three daughters grew up so fast.



Welcome Qianru "Angie" Chapman as Birmingham Green's new Controller. Angie recently moved from Australia in 2022, bringing with her a diverse professional background that spans the health, humanitarian, and consulting sectors. Angie's career has taken her across the globe, allowing her to work in nonprofit and for-profit organizations in the United States, Australia, the UK, and West Africa. Angie is passionate about problem-solving and consistently strives for excellence in all her endeavors. Angie's international experience has honed her ability to approach challenges with unique perspectives and cultural sensitivity. Outside of work, Angie enjoys reading, gardening and travel. She especially enjoys exploring new destinations with her husband and their two young children, finding joy in balancing her professional life with family adventures.



Welcome Steven Calleja as Birmingham Green's new Learning & Development Director. Steve has over 23 years' experience as a Registered Nurse in a variety of clinical settings with 13 of those years in clinical and non-clinical Learning and Development. Steve is well versed in many areas of Population Health focused on whole-health programs such as Disease Management, Care Management and Wellness programs. Steve has a Bachelor of Science in Nursing from NYIT/NYCOM a master's in Business Administration-Healthcare Management from Western Governor's University and has earned certifications and continued education in Wellness Coaching, Crisis Prevention, and as a Legal Nurse Consultant. In addition to Steve's nursing career he has served as a volunteer Firefighter/EMT for over 30 years.



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Autism Acceptance Awareness Day

Tuesday, April 2, 2024



We celebrate World Autism Day with our residents and team members by raising awareness about autism and celebrating the contributions of our autistic individuals throughout the world.

US Botanical Gardens Tour and Baltimore Orioles at Washington Nationals Baseball Game

Tuesday, May 7, 2024

Residents and team members had the opportunity to tour the US Botanical Gardens and attend the Baltimore Orioles at Washington Nationals Game at Nationals Park in DC. The Nats won 3-0.



LIFE ENRICHMENT UPCOMING PROGRAMS

07/04	Independence Day
08/18	National Senior Citizen's Day
09/02	Labor Day
TBA	Yard Sale (September)
09/01	Healthy Aging Month
09/01	National Yoga Awareness Month
09/21	World Alzheimer's Day
09/23-09/27	Falls Prevention Awareness Week



Lyric's Garden Club

It's hard to believe Lyric's Garden Club broke ground at Birmingham Green 7yrs ago. Lyric is now a 13-year-old Honor Roll student and a member of the Junior Honor Society. She competed for and won a highly competitive spot at Colgan High School Center for Performing Arts in their Dance program. She's done all of this and still has time to continue her partnership with Birmingham Green, providing fresh vegetables to our community. On Monday, 6/10, we planted zucchini, squash, tomato and cucumber. We expect the first harvest in mid to late July.

Romeo & Juliet

Friday, May 17, 2024



Many thanks to the Fenwick Foundation for donating tickets to our residents to see Romeo & Juliet at the Manassas Ballet Theatre.

The Health Center (Nursing Home)

Administrator:

Aaron Rebuck, LNHA ~ Ext. 6209

Assistant Administrator & Interim Admissions

Liaison:

Patricia McDowney ~ Ext. 6243 & Ext. 6206

Life Enrichment Director (NH, DH & WO):

Alicia Boykin ~ Ext. 6275

Director of Dining Services:

Charles Healey - 571-221-5600

Registered Dietitian:

Elizabeth Bass ~ Ext. 6229

Director of Nursing:

Abonge Ngembus-Nihngieh ~ Ext. 6220

Interim Nurse Manager, Cardinal Heights:

James Mighty, LPN ~ Ext. 6207

Nurse Manager, NH Garden Hill:

Sheila Walker, RN ~ Ext. 6218

Nurse Manager, NH Cherry Blossom Estates:

Ramatu Barrie ~ Ext. 6227

Director of Social Services:

Nicole Davies ~ Ext. 6215

Social Worker:

Shawnita Collins ~ Ext. 3493

Social Worker:

Vicki Chesley ~ Ext. 6217

Director of Volunteer & Support Services:

Andre Porter ~ Ext. 6252

Building Services Director:

Hani Ghannam ~ Ext. 6273

Infection Control Preventionist:

ADON: Charlotte Nkepang ~ Ext. 6261

ADON: Alain Ndayi ~ Ext. 6225

Rehab Therapy PT ~ Ext. 6258

Willow Oaks Assisted Living

Administrator:

Robert Wagner ~ Ext. 6226

Director of Nursing (WO and DH) Assisted Living:

Kumba Sarr, RN ~ Ext. 6219

Social Worker/Case Manager:

Vacant ~ Ext. 6248

Nurse Manager:

Angela Davis, RN ~ Ext. 6263

Admissions Coordinator (WO and DH):

Victoria Mason ~ Ext. 6264

District Home Assisted Living

Administrator:

Carmen Louise ~ Ext. 6254

Nurse Manager:

Michelle Short-Pack, LPN ~ Ext. 6294

Life Enrichment Manager:

Leah Bansleben ~ Ext. 6224

Executive Office

Chief Executive Officer:

Denise Chadwick Wright ~ Ext. 6240

Chief Financial Officer:

Perry Mason ~ Ext. 3494

Chief Operating Officer:

Joan Thomas, LCSW, FACHE, MBA, CMC, LNHA ~ Ext. 6226

Director of Human Resources & Compliance Officer:

Alice Decker, BS ~ Ext. 6210

Chief Advancement Officer:

Robert Hahn ~ Ext. 6279

INFECTION CONTROL UPDATES

We continue to follow guidance from the CDC on evaluating and managing infection in LTCFs including Antibiotic Stewardship. Birmingham Green is continuing its partnership with the VDH for a hand hygiene study and in May Infection Control and Learning and Development assumed the lead on continued infection control best practices across our neighborhoods. We have continued to seek guidance from CDC and VDH about COVID-19 and Influenza isolation precautions and in May reduced our mandated mask requirements for employees to optional. We will continue to monitor infection trends and seek guidance from the CDC on an ongoing basis and adjust mask mandates accordingly.

Donate to the Foundation

There are many ways to donate to the Foundation. Scan the QR Code or visit BirminghamGreenFoundation.org | BirminghamGreen.org



Buy a Book!

Birmingham Green is honored that authors Ruth Hersh Perry and Edgar N. Brown have requested for all proceeds from the sale of their book, *Didn't Meet Any Geezers*, to go to the Birmingham Green Foundation. *Didn't Meet Any Geezers* will serve to educate and prepare young people for visits to long-term care facilities. To purchase, scan the QR code with your phone's camera.



Donate to the Employee Fellowship Fund

The Employee Fellowship Fund is a charitable fund within Birmingham Green. Donations to the fund are available to be used for medical and financial emergency relief for eligible employees of Birmingham Green and for their immediate family members only.

100% of your donation will be used to help a Birmingham Green employee who needs it.

To donate to this fund, contact Alice Decker on 703-257-6210 or email: adecker@birminghamgreen.org

Volunteer

The variety of volunteer programs at Birmingham Green reflect the diversity of our residents and their individual needs. Whether you choose to make a long-term commitment, or are interested in volunteer assignments that can be accomplished in several hours or days, your efforts will have a positive impact!

On-going volunteer programs at Birmingham Green include:

- Pet Therapy
- Activities Assistants
- Nutritional Assistants
- Friendly Visitors
- Adopt-A-Grandparent
- Administrative Support
- Recreational Therapy Aides

We also welcome and encourage Community Service projects for youth groups, school programs, religious groups, civic organizations, and business or corporate engagement. If you have any questions, please contact Andre Porter, Director of Volunteer Services on 703-257-6252 or email: aporter@birminghamgreen.org.



Before you can volunteer with us, you'll need to review and complete a Volunteer Application. Scan the QR code to visit birminghamgreen.org/work-with-us/volunteer



Let's Connect!



BirminghamGreen.org



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Instagram.com/BirminghamGreen



Twitter.com/BirminghamGreen



Linkedin.com/company/Birmingham-Green