

NEWSLETTER

Birmingham Green's Spring Newsletter

Message from CEO

We want to take a moment to fill you in on all that we are doing thus far in 2024. During our first month of the year, Carmen Louise joined us in the role of District Home Assisted Living Facility Administrator. Our nursing home had their unannounced annual survey conducted by the Virginia Department of Health's Office of Licensure and Certification to determine compliance with Federal long term care participation requirements for Medicare and Medicaid programs and State licensure regulations which found no deficiencies. In February, the front entrance of the nursing home reopened with a renovated lobby and our memory impairment neighborhood, Cherry Blossom received a new kitchenette area that has provided an elevated level of care to our residents residing in this neighborhood. Some of our residents and life enrichment team members were able to be a part of the Opening Minds Art experience which has empowered them to explore art.

A group of Birmingham Green senior leaders traveled to Richmond to spend time on advocacy efforts during the VA General Assembly meetings. Advocating for proposed legislation that will enhance the lives of our residents, which include, however is not limited to increasing Medicaid rates and an increase in Auxiliary grants and personal needs allowance, which as of now has not had any movement.

Collectively, our goal is to contribute to a better prepared workforce that supports our mission in the delivery of meaningful, compassionate and quality services. We look forward to continuing our legacy of creating an environment where life flourishes.



Denise Chadwick Wright, CEO

Denise Chadwick Wright

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EVENTS RECAP AND UPCOMING EVENTS

Virginia State Senator Visit

Friday, December 29, 2023

Birmingham Green was proud to host Virginia State Senator Jeremy McPike for a tour and Q&A session with our Willow Oaks Assisted Living Residents.



NH Deficiency Free Celebration with Team Members and Residents

Friday, March 1, 2024

Zero Deficiencies from the Department of Health- that's right! We did it!

Every team was acknowledged by the NH Administrator, NH DON, NVHCC Board Chairperson, the CEO and the COO. We could not go without recognizing the District Home & Willow Oaks Teams for every ounce of support they provided during the surprise survey.

The Celebration included a Taco Bar and a scrumptious Wing Bar, team photos, red carpet, music, and let's not forget the Confetti Cannons! Woo wee, a lot of fun!



UPCOMING EVENTS

- 03/30 & 04/1 Open House for the CNA Nurse Aide Training Program
- 04/08 National Empanada Day - BG Cooking Club
- 04/16 National Wear PJs to Workday - BG Campus Wide
- 05/12-05/18 National Skilled Nursing Care Week (Daily Events)
- 06/15 Family Day Carnival



Martin Luther King, Jr. Day Ceremony

Monday, January 15, 2024

We must accept finite disappointment, but never lose infinite hope." - MLK

In January, we celebrated the life of Reverend, Dr. Martin Luther King, Jr.



NAACP Black History Month Celebration

Friday, February 9, 2024

February is Black History Month and we celebrated with the NAACP Prince William Chapter. The Reverend Karl F. Brower, Chair of the Religious Affairs Committee facilitated a lecture on the history of the NAACP and Black History Month.



Social Workers' Month

March 1 - March 31, 2024

March Celebrates our Social Workers. During this month we celebrate the dedicated individuals that assist and empower our residents to be their very best selves. The month of March it is time to celebrate and empower our social workers for all they do for all of us!



National Dietitian Day

Thursday, March 13, 2024

We celebrate by recognizing all of the dietary food and nutrition team members who play a vital role in contributing to and maintaining healthy diets for our residents.



Employee of the Month - January

Augustina Boateng - Assisted Living

Augustina works as a CNA Medication Aide for the Assisted Living Facilities. Congratulations Augustina!



Employee of the Month - January

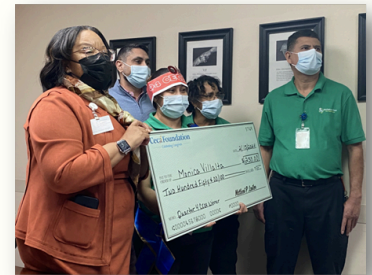
Perry Lemmon - Nursing Home

Perry is a CNA, Driver for the Nursing Home. Congratulations Perry!

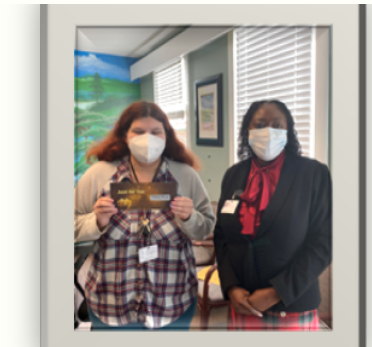
CECA Awards Hybrid Ceremony

Thursday, February 15, 2024

Congratulations are in order for the 4th Quarter 2023 CECA Honoree Monica Villalta, Housekeeper. Monica's team attended the celebration and was presented with \$250.00.



Julianna Jacoby, Recreation Therapist, was also congratulated as the 4th Quarter 2023 CECA Nominator and received a \$50.00 gift card. Thank you both for your dedication to Birmingham Green!



*A Community with a holistic approach;
fostering the spirit, nurturing the body
and nourishing the mind.*

Opening Minds Through Art

Tuesday and Wednesday, February 20 - 21, 2024



OMA is an award-winning, evidence-based, intergenerational art-making program designed for older adults with, and without, dementia. Its failure-free design empowers individuals to make autonomous, creative choices within a supportive one-to-one relationship. Nonprofit Art for the Journey provides OMA Facilitator Certification Training for the East Coast and beyond. Current work is made possible by funding from CMS Civil Monetary Penalty Reimbursement Program, awarded to LeadingAge Virginia from the Department of Medical Assistance Services.

Fine Dining

Wednesday, January 24, 2024

Our residents enjoyed a splendid evening of fine dining. The leadership team served our residents in formal attire and, they were serenaded by a vocalist who sang Frank Sinatra and Dean Martin tunes.



LIFE ENRICHMENT UPCOMING PROGRAMS

- 03/31 Easter Dinner
- 04/02 World Autism Day - BG is Going Blue Event
- 04/03 National Walking Day - BG Campus Wide Walking Club
- 04/08 Solar Eclipse Party
- 04/24 "Mock" Seder during Passover Week (04/22-04/30)
- 05/05 Cinco De Mayo Celebration
- 05/12 Mother's Day Brunch
- 05/17 Senior Prom



Valentine's Day

Wednesday, February 14, 2024

We recognize the City of Manassas Police Department for their display of love and support by visiting our residents on Valentine's Day! Thank you for your support!

Washington Wizards Game

Wednesday, February 7, 2024



Many thanks to the Fenwick Foundation for donating tickets for several of our residents to attend the Washington Wizards Basketball Game on Wednesday, February 7, 2024.



Oh What a Time We Had!

The Health Center (Nursing Home)

Administrator:

Aaron Rebeck, LNHA ~ Ext. 6209

Assistant Administrator & Interim Admissions Liaison:

Patricia McDowney ~ Ext. 6243 & Ext. 6206

Life Enrichment Director (NH, DH & WO):

Alicia Boykin ~ Ext. 6275

Director of Dining Services:

Charles Healey - 571-221-5600

Registered Dietitian:

Elizabeth Bass ~ Ext. 6229

Director of Nursing:

Abonge Ngembus-Nihngieh ~ Ext. 6220

Nurse Manager, Cardinal Heights:

Amanda Partlow, LPN ~ Ext. 6207

Nurse Manager, Garden Hill:

Sheila Walker, RN ~ Ext. 6218

Interim Nurse Manager, Cherry Blossom Estates:

Ramatu Barrie, NH Nurse Supervisor ~ Ext. 6227

Director of Social Services:

Nicole Davies ~ Ext. 6215

Social Worker:

Shawnita Collins ~ Ext. 3493

Social Worker:

Vicki Chesley ~ Ext. 6217

Director of Volunteer & Support Services:

Andre Porter ~ Ext. 6252

Building Services Director:

Hani Ghannam ~ Ext. 6273

Infection Control Preventionist:

ADON: Charlotte Nkepang ~ Ext. 6261

ADON: Alain Ndayi ~ Ext. 6225

Rehab Therapy PT ~ Ext. 6258

Willow Oaks Assisted Living

Administrator:

Robert Wagner ~ Ext. 6226

Director of Nursing (WO and DH) Assisted Living:

Kumba Sarr, RN ~ Ext. 6219

Social Worker/Case Manager:

Clarice Morris ~ Ext. 6248

Nurse Manager:

Angela Davis, RN ~ Ext. 6263

Admissions Coordinator (WO and DH):

Victoria Mason ~ Ext. 6264

District Home Assisted Living

Administrator:

Carmen Louise ~ Ext. 6254

Nurse Manager:

Michelle Short-Pack, LPN ~ Ext. 6294

Life Enrichment Manager:

Leah Bansleben ~ Ext. 6224

Executive Office

Chief Executive Officer:

Denise Chadwick Wright ~ Ext. 6240

Chief Financial Officer:

Perry Mason ~ Ext. 3494

Chief Operating Officer:

Joan Thomas, LCSW, FACHE, MBA, CMC, LNHA ~ Ext. 6226

Director of Human Resources & Compliance Officer:

Alice Decker, BS ~ Ext. 6210

INFECTION CONTROL UPDATES

Centers for Disease and Prevention Director Dr. Mandy Cohen, states that “We must continue to use the commonsense solutions we know work to protect ourselves and others from serious illness from respiratory viruses—this includes vaccination, treatment, and staying home when we get sick. The March 1st CDC update can be accessed via <https://coronavirus.duke.edu/2024/03/march-2024-cdc-covid-19-guidance-changes/>

We continuously follow Clinical Guidance from the CDC on Evaluating and Managing Infections in LTCFs including Antibiotic Stewardship. Birmingham Green has partnered with VDH for a hand hygiene study in education and prevention of infection. While CDC isolation guidelines loosen up for the public, as a health care provider, to keep our residents safe, we are continuing all preventive measures with face masks, good hand hygiene, environmental cleaning, COVID-19 testing and isolation policies as needed. COVID updates are available at <https://www.birminghamgreen.org/about-us/news-events/>

Donate to the Foundation

There are many ways to donate to the Foundation. Scan the QR Code or visit Birmingham Green Foundation | Birmingham Green



Buy a Book!

Birmingham Green is honored that authors Ruth Hersh Perry and Edgar N. Brown have requested for all proceeds from the sale of their book, *Didn't Meet Any Geezers*, to go to the Birmingham Green Foundation. *Didn't Meet Any Geezers* will serve to educate and prepare young people for visits to long-term care facilities. To purchase, scan the QR code with your phone's camera.



Donate to the Employee Fellowship Fund

The Employee Fellowship Fund is a charitable fund within Birmingham Green. Donations to the fund are available to be used for medical and financial emergency relief for eligible employees of Birmingham Green and for their immediate family members only.

100% of your donation will be used to help a Birmingham Green employee who needs it.

To donate to this fund, contact Alice Decker on 703-257-6210 or email: adecker@birminghamgreen.org

Volunteer

The variety of volunteer programs at Birmingham Green reflect the diversity of our residents and their individual needs. Whether you choose to make a long-term commitment, or are interested in volunteer assignments that can be accomplished in several hours or days, your efforts will have a positive impact!

On-going volunteer programs at Birmingham Green include:

- Pet Therapy
- Activities Assistants
- Nutritional Assistants
- Friendly Visitors
- Adopt-A-Grandparent
- Administrative Support
- Recreational Therapy Aides

We also welcome and encourage Community Service projects for youth groups, school programs, religious groups, civic organizations, and business or corporate engagement. If you have any questions, please contact Andre Porter, Director of Volunteer Services on 703-257-6252 or email: aporter@birminghamgreen.org.



Before you can volunteer with us, you'll need to review and complete a Volunteer Application. Scan the QR code to visit birminghamgreen.org/work-with-us/volunteer



Let's Connect!



BirminghamGreen.org



Facebook.com/BirminghamGreen



Instagram.com/BirminghamGreen



Twitter.com/BirminghamGreen



Linkedin.com/company/Birmingham-Green