

DECEMBER 29, 2023

# NEWSLETTER

## *Birmingham Green's Winter Newsletter*



### Message from CEO

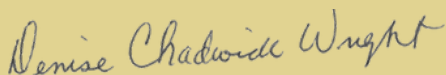
Goodbye 2023 and Welcome 2024...

Birmingham Green is a warm and inviting place to be as the Holidays approach. Our team is preparing for holiday events and working hard to ensure that our efforts are uplifting and enriching the lives of our residents.

This time of the year is an opportunity for reflection and for us to think about what we have accomplished and what we hope to achieve in 2024. The holidays mean something different to everyone, and for some it can be a time of loneliness and sadness. We have EAP services available for our team, and social services, psychological, and psychiatric support available for our residents.

We wish you all a happy, peaceful holiday and a New Year filled with good health and happiness.

Best Wishes,



Denise Chadwick Wright  
Chief Executive Officer



8605 CENTREVILLE ROAD, MANASSAS, VIRGINIA 20110  
(703) 257-0935 | [BIRMINGHAMGREEN.ORG](http://BIRMINGHAMGREEN.ORG)

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## Winter Gala 2023

*December 8, 2023*



Birmingham Green team members and their guests enjoyed an evening of glamour, delicious food, music from every genre, photoshoots, awards, gifts, raffles, and even a dance contest. All had a wonderful time! A special Thank You to the Retention Committee for putting this event together. If you couldn't attend this year, why not consider joining us in 2024!

## Babes in Toyland “Cruiser” at the Greater Manassas Christmas Parade

*December 2, 2023*



Oh, what fun we had at the 77th Greater Manassas Christmas Parade. We caroled, socialized with the locals, met a girl scout dressed as a dinosaur and had yummy treats given to us. It was a wonderful day.



## UPCOMING EVENTS

- |       |   |
|-------|---|
| 12/29 | Virginia State Senator Jeremy McPike Tour of Birmingham Green |
| 1/09  | Locality Liaison Breakfast Meeting                            |
| 1/09  | Family Day Quarterly Meeting Discussion                       |
| 1/26  | CEO Insider In-Person Meeting                                 |





## BG Campus Wide Holiday Parade

*December 9, 2023*

Santa escorted us around campus during our annual holiday parade. Families and team members decorated their cars and handed out chocolate candies. A holly jolly time was by all!



## Resident Family Day

*December 10, 2023*

Families joined their loved ones with an afternoon of delights! They enjoyed a hot chocolate bar, cookie decorating, ornament making and photo opportunities with Santa Claus himself!



## Gingerbread Contest

*December 13, 2023*

To kick off our 12 days of Christmas festivities, we started with a Gingerbread Contest. Residents and team members enjoyed building houses together.



## The Loudoun Dance Academy Presents: A Holiday Showcase

*December 16, 2023*

What a wonderful intergenerational activity this was! The Loudoun Dance Academy performed across campus and the residents enjoyed singing and dancing right along with them!





## Employee of the Year

*Clarice Morris- ALF*

Clarice displays an ongoing dedication to the Birmingham Green residents and staff. Clarice has been managing the day-to-day functions of the Social Services department at Willow Oaks and has gone out of her way to keep things consistent for the residents. She is a true example of Leading the Birmingham Green Way!



## Employee of the Year

*Ramatu Barrie - NH*

In her Nursing Supervisor role, Ramatu goes above and beyond what is required. She has played a significant role in reducing fall rates, and her initiative enhances the quality of life for the residents, which has been highly appreciated.

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## Dr. Ruth Infante's "High Tea" Retirement Luncheon

*November 28, 2023*

Dr. Ruth Infante is semi-retiring after 27 amazing years of service with Birmingham Green. Dr. Infante was the stability that offered BG the opportunity to provide psychiatric care to our residents on a consistent basis. We were fortunate to have her as part of our team. Dr. Infante was surprised, happy with the party, and very touched with the framed "good luck" card that many of her patients signed. Although Dr. Infante is leaving Birmingham Green, she will still be working in her office with existing patients (Not accepting any new referrals). She enjoys making jewelry and looks forward to having some time to focus on her craft. Wishing you all the best Dr. Infante!



## Debra Campbell's Retirement Celebration

*December 14, 2023*

After serving 5+ years with Birmingham Green, Debra Campbell, Director of Learning & Development is retiring. The relationships she developed in her tenure are immeasurable. Thank you for your dedication Debra! We wish you all the best in your new venture!



*A Community with a holistic approach; fostering the spirit, nurturing the body and nourishing the mind.*



## LIFE ENRICHMENT RECAP



Residents of Birmingham Green attended The Nutcracker Performance at the Hyton Performing Arts Theatre on December 14th. The residents reminisced about seeing the Nutcracker performances with their loved ones as a child.



Look who stole Christmas at Birmingham Green on December 19th! We celebrated the holidays with “the mean one” during our “Grinchmas Social”



## LIFE ENRICHMENT UPCOMING PROGRAMS

- |         |                                       |
|---------|---------------------------------------|
| 12/31   | New Year's Eve PARTY!                 |
| 1/15    | Martin Luther King Jr. Ceremony       |
| 1/21-27 | National Activity Professionals' Week |
| 2/8     | Black History Month Celebrations      |
| 2/11    | Superbowl Party                       |
| 2/14    | Sweetheart's Dance                    |



## Santa Inspecting the Parade Line

*December 9, 2023*



## Gift Bags For Our Residents

*Sororities team together.*



Shernell-Nellie Rawles of Psi Omicron Zeta Chapter (in blue) and Dr. VaLisa Chatman-Terry of Delta Sigma Theta (in red) really came through for our residents. We can always count on their support, especially during the holiday season. They donated 150 Christmas Gift Bags to be distributed to our residents on Christmas Day.

## The Health Center (Nursing Home)

**Administrator:**

Aaron Rebuck, LNHA ~ Ext. 6209

**Assistant Administrator:**

Patricia McDowney ~ Ext. 6243

**Life Enrichment Director**

Alicia Boykin ~ Ext. 6275

**Director of Dining Services:**

Charles Healey - 571-221-5600

**Chef Manager:**

Amar Singh - 703-786-4514

**Registered Dietitian:**

Elizabeth Bass ~ Ext. 6229

**Director of Nursing:**

Abonge Ngembus-Nihngieh~ Ext. 6220

**Assistant Director of Nursing & Infection**

**Control Preventionist:**

Charlotte Nkepang ~ Ext. 6261

**Nurse Manager, Garden Hill:**

Sheila Walker, RN ~ Ext. 6218

**Nurse Manager, Cherry Blossom Estates:**

Sarla Patel, RN~ Ext. 6227

**Nurse Manager, Cardinal Heights:**

Amanda Partlow, LPN ~ Ext. 6207

**Director of Social Services:**

Nicole Davis ~ Ext. 6215

**Social Workers:**

Shawnita Collins ~ Ext. 3493

Vicki Chesley ~ Ext. 6217

**Admissions Coordinator:**

Tavaris Neal ~ Ext. 6206

**Director of Volunteer & Support Services:**

Andre Porter ~ Ext. 6252

**Building Services Director:**

Hani Ghannam ~ Ext. 6273

## Willow Oaks Assisted Living

**Administrator:**

Robert Wagner ~ Ext. 6226

**Director of Nursing (WO and DH) Assisted Living:**

Kumba Sarr, RN ~ Ext. 6219

**Social Worker/Case Manager:**

Clarice Morris ~ Ext. 6248

**Nurse Manager:**

Angela Davis, RN ~ Ext. 6263

**Admissions Coordinator (WO and DH):**

Victoria Mason ~ Ext. 6264



## District Home Assisted Living

**Interim Administrator:**

Joan Thomas ~ Ext. 6254

**Nurse Manager:**

Michelle Short-Pack, LPN ~ Ext. 6294

**Life Enrichment Manager:**

Leah Bansleben ~ Ext. 6224

## Executive Office

**Chief Executive Officer:**

Denise Chadwick Wright ~ Ext. 6240

**Chief Financial Officer:**

Perry Mason ~ Ext. 3494

**Chief Operating Officer:**

Joan Thomas, LCSW, FACHE, MBA, CMC, LNHA ~ Ext. 6226

**Director of Human Resources & Compliance Officer:**

Alice Decker, BS ~ Ext. 6210

## INFECTION CONTROL UPDATES

In December with the holidays and family/friends' gatherings we expected to see an increase in Influenza and COVID-19 illness. Only one staff member reported the flu and nine staff have tested positive for COVID-19. We are pleased to report no residents have been ill with the flu or COVID-19. With guidance from CDC and our local health department we continue to test staff as needed for COVID and require masks when entering our facilities. Education on infection control and vaccinations is ongoing as a proactive measure to keep our residents and staff safe.



## Buy a Book!

Birmingham Green is honored that authors Ruth Hersh Perry and Edgar N. Brown have requested for all proceeds from the sale of their book, *Didn't Meet Any Geezers*, to go to the Birmingham Green Foundation. *Didn't Meet Any Geezers* will serve to educate and prepare young people for visits to long-term care facilities. To purchase, scan the QR code with your phone's camera.



## Donate to the Employee Fellowship Fund

The Employee Fellowship Fund is a charitable fund within Birmingham Green. Donations to the fund are available to be used for medical and financial emergency relief for eligible employees of Birmingham Green and for their immediate family members only.

100% of your donation will be used to help a Birmingham Green employee who needs it.

To donate to this fund, contact Alice Decker on 703-257-6210 or email: [adecker@birminghamgreen.org](mailto:adecker@birminghamgreen.org)

## Volunteer

The variety of volunteer programs at Birmingham Green reflect the diversity of our residents and their individual needs. Whether you choose to make a long-term commitment, or are interested in volunteer assignments that can be accomplished in several hours or days, your efforts will have a positive impact!

On-going volunteer programs at Birmingham Green include:

- Pet Therapy
- Activities Assistants
- Nutritional Assistants
- Friendly Visitors
- Adopt-A-Grandparent
- Administrative Support
- Recreational Therapy Aides

We also welcome and encourage Community Service projects for youth groups, school programs, religious groups, civic organizations, and business or corporate engagement. If you have any questions please contact Andre Porter, Director of Volunteer Services on 703-257-6252 or email: [aporter@birminghamgreen.org](mailto:aporter@birminghamgreen.org).



Before you can volunteer with us, you'll need to review and complete a Volunteer Application. Scan the QR code to visit [birminghamgreen.org/work-with-us/volunteer](http://birminghamgreen.org/work-with-us/volunteer)



## Let's Connect!



[BirminghamGreen.org](http://BirminghamGreen.org)



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