



Birmingham Green's
Annual Report
FY2022



Contents

03 A Message from Our
Board Chair and Chief
Executive Officer

04 Our Mission, Vision, and
Values

07 The Birmingham
Green Team

14 Who We Serve

17 Top Highlights

21 Awards

26 Our History

29 Financials

31 Ways to Give

33 Our Volunteers &
Donors

38 Let's Connect

A Message from Our Board Chair and Chief Executive Officer

2022 Brought us closer to realizing that transformative care services are rooted in stewardship, inclusiveness, and passion. We got one step closer to our vision of every resident receiving the kind of care promised in our tagline, “Where Life Flourishes.” However, our work is far from complete.

Here are a few highlights from the past year that illustrate what Birmingham Green has done to support better resident and team member outcomes:

- Intergenerational community engagement initiatives, like the Troop 670 Eagles Scouts project, Lyric Lucas’s garden, career connections, The Alzheimer's Walk, and our food drive
- New technology for life enrichment and physical well-being
- Recognition of seven Regirer Nursing scholars who are pursuing their LPN or RN licenses; four Ceca Award honorees; and Team Member Of The Year in the Health Care Center (NH) and the Assisted Living Facility (ALF)
- 2023 Newsweek Best Nursing Homes award
- Partnerships with Sodexo for dining and building services, and Fenwick Foundation for dental services

Every day we see Birmingham Green transforming for the better, and our values of stewardship, inclusiveness, and passion continue to grow deeper. I hope that you’ll continue working alongside us next year and in the years to come.

With gratitude,

Courtney Tierney & Denise Chadwick Wright



Courtney Tierney
Board Chair



Denise Chadwick Wright
Chief Executive Officer



Our Mission, Vision, and Values

Annual Report FY2022



Our Mission, Vision, and Values

Our Mission

A community with a holistic approach; fostering the spirit, nurturing the body, and nourishing the mind.

Our Vision

A Northern Virginia Regional Partner since 1927.
We believe in dignity for every person.

Our Values

Stewardship, Inclusiveness, and Passion

Initiatives

Eagle Scout Project

We encourage members of the community to join us in being living examples of our mission, vision, and values. This year, Eagle Scouts from Troop 670 renovated our patio area to give our residents, staff, and visiting family members a beautiful place to sit outside the District Home.



Lyric's Garden

Along with the new outside addition, we hosted Lyric Lucas's pop-up garden, which benefited the community, our residents, and our staff who were able to get involved with the crops before enjoying the fruits of their labor.



New Technology

Our focus on enrichment continued this year through exciting events and additions. We introduced even more technology to enhance our residents' engagement across the campus along with more activities for residents, staff, and families to enjoy.





The Birmingham Green Team

Annual Report FY2022

The Birmingham Green Team

At Birmingham Green, our staff is committed to compassionate care and is dedicated to making a difference in the lives of our residents every single day. Over the last year, our team has grown to meet the growing needs of our campus. We welcomed 10 new members to the team across different departments and celebrated the promotions of six current team members.

New Hires

Alicia Boykin Life Enrichment Director	Amadu Jalloh Accounts Receivable Specialist	Beverly Linning Executive Office Manager	Charlotte Nkepang Assistant Director of Nursing
Fiorella Salvatierra Executive Assistant	Isla Williams Health Information Manager/HIPAA Officer	Malikah Hassan Admission Supervisor	Patricia McDowney Assistant Administrator
Rosa Carrillo Health Information Management Coordinator	Sharon Haugh Administrative Assistant		

Promotions

Aaron Rebuck Health Commission Nursing Home Administrator	Barbara Benson Payroll Supervisor	Carolyn Brown Staffing Coordinator
Janice Improta Human Resources Specialist	Patience Adjaho Director of Nursing	Rosemarie Kayes Environmental Services Supervisor

Our Executive Team



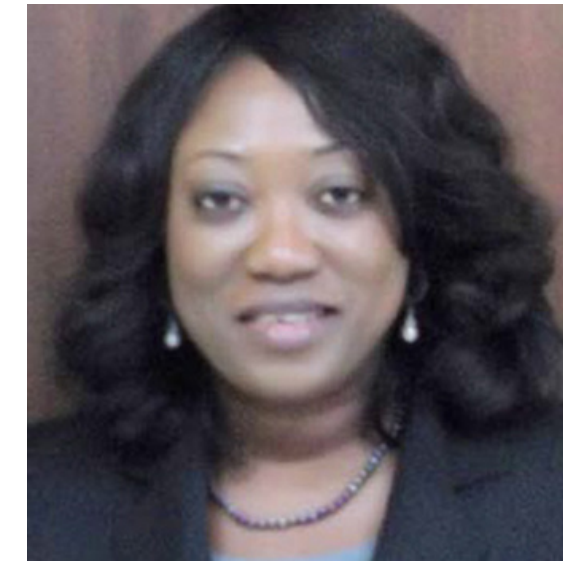
**DENISE CHADWICK
WRIGHT**
Chief Executive Officer



JOAN THOMAS
Chief Operations Officer



PERRY MASON
Chief Financial Officer



ALICE DECKER
Director of Human
Resources &
Compliance Officer



BEVERLY LINNING
Executive Office Manager

Our Administrators

Northern Virginia Health Center Commission (NVHCC)

Aaron Rebuck
Health Commission Nursing
Home Administrator

Patience Adjaho
Director of Nursing

District Home Assisted Living

Robert Wagner
Administrator

Kumba Sarr
Director of Nursing

Willow Oaks Assisted Living

Tracy Maynard
Administrator

Kumba Sarr
Director of Nursing

Other Administration

Hani Ghannam
Director of
Environmental Services

Charles Healey
Director of
Food Services

Michael Sharifi
Director of Procurement
and Inventory
Management Services

Tondra Cahill
Director of Social
Services (NVHCC)

Debra Campbell
Director of Learning &
Development for Campus

Jason Walde
Director of
Facility Services

Alicia Boykin
Director of
Life Enrichment

Andre Porter
Director of
Volunteer Programs
& Support Services

Shabana Rauf
Director of
Rehab (ALFs)

Maithili Patibandla
Director of
Rehab (NVHCC)

Our Medical Staff

Dr. Jeffry Waldman
Medical Director
Family Medicine of Clifton/Centreville

Dr. Arun Gupta
Attending Physician
Shimla Medical Center

Dr. Prita Bhardwaj
Attending Physician
NorthStar Health Inc.

Dr. Tina Ansari
Optometrist
Senior Vision

Dr. Robert Breiner
Podiatrist
Dr. Robert A. Breiner and Associates

Dr. Yong Joon Coe
Dentist
Dental Innovations of Virginia

Dr. Julie Coe
Dentist
Dental Innovations of Virginia

Dr. Philip Gaspar
Podiatrist
Dr. Robert A. Breiner and Associates

Dr. Amani Hemphill
Wound Care Physician
Vohra Wound Physicians

Dr. Ruth Infante
Psychiatrist
Skyline Psychiatric Associates

Dr. Richard Okino
Podiatrist
Dr. Robert A. Breiner and Associates

Dr. Alec Lebedun
Psychologist
Neuropsychological and Psychological Services

Dr. Rebecca Metz
Podiatrist
Dr. Robert A. Breiner and Associates

Dr. Umar Rahman
Psychiatrist
PsychoGeriatric Services

Dr. Sadia Rahman
Psychiatrist
PsychoGeriatric Services

Dr. Andrew Molchon
Psychiatrist
Skyline Psychiatric Associates

Indu Sharma, NP
Nurse Practitioner
NorthStar Health Inc.

Shradha Pandey, NP
Nurse Practitioner
Shimla Medical Center

Valthea Fry, NP
Nurse Practitioner
PsychoGeriatric Services

Our Board

Board Members and Alternates



SHEL DOUGLAS
Fauquier County



COURTNEY TIERNEY
Chair – Prince William County



DAVID SINCLAIR
Prince William County



TRINA MAYHAN-WEBB
Vice Chair – Fairfax County



MARIJKE HANNAM
Fairfax County



CHRISTOPHER MOORE
City of Alexandria



ARIANN LALLA-MOHAMMED
Loudoun County

Our Board (continued)

Finance & Audit Committee

Albena Assenova
Chair – Fairfax County

David Sinclair
Prince William County

Lisa Henty
Fauquier County

Kathryn Johnston
Fauquier County

Aster Haileselassie
City of Alexandria

Caleb Weitz
Loudoun County

Quality Assurance Committee

Christopher Moore
Chair – City of Alexandria

Cheryll Elliott
City of Alexandria

Tylena Walburn
Loudoun County

Emily Pon
Fauquier County

Carmen Padilla
Fairfax County

Alison Hammon
Prince William County

Governance & Compliance Committee

Shel Douglas
Chair – Fauquier County

Courtney Tierney
Prince William County



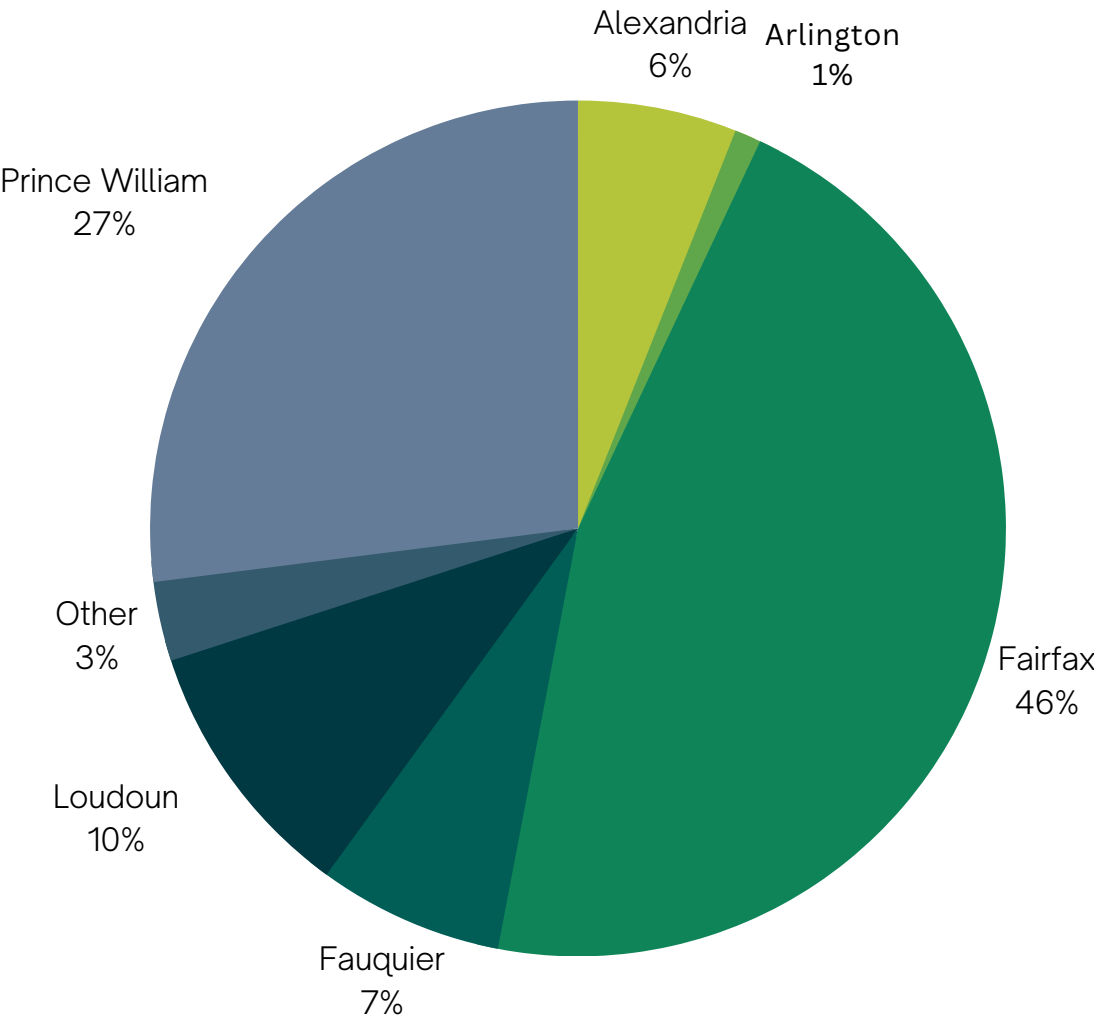
Who We Serve

Annual Report FY2022

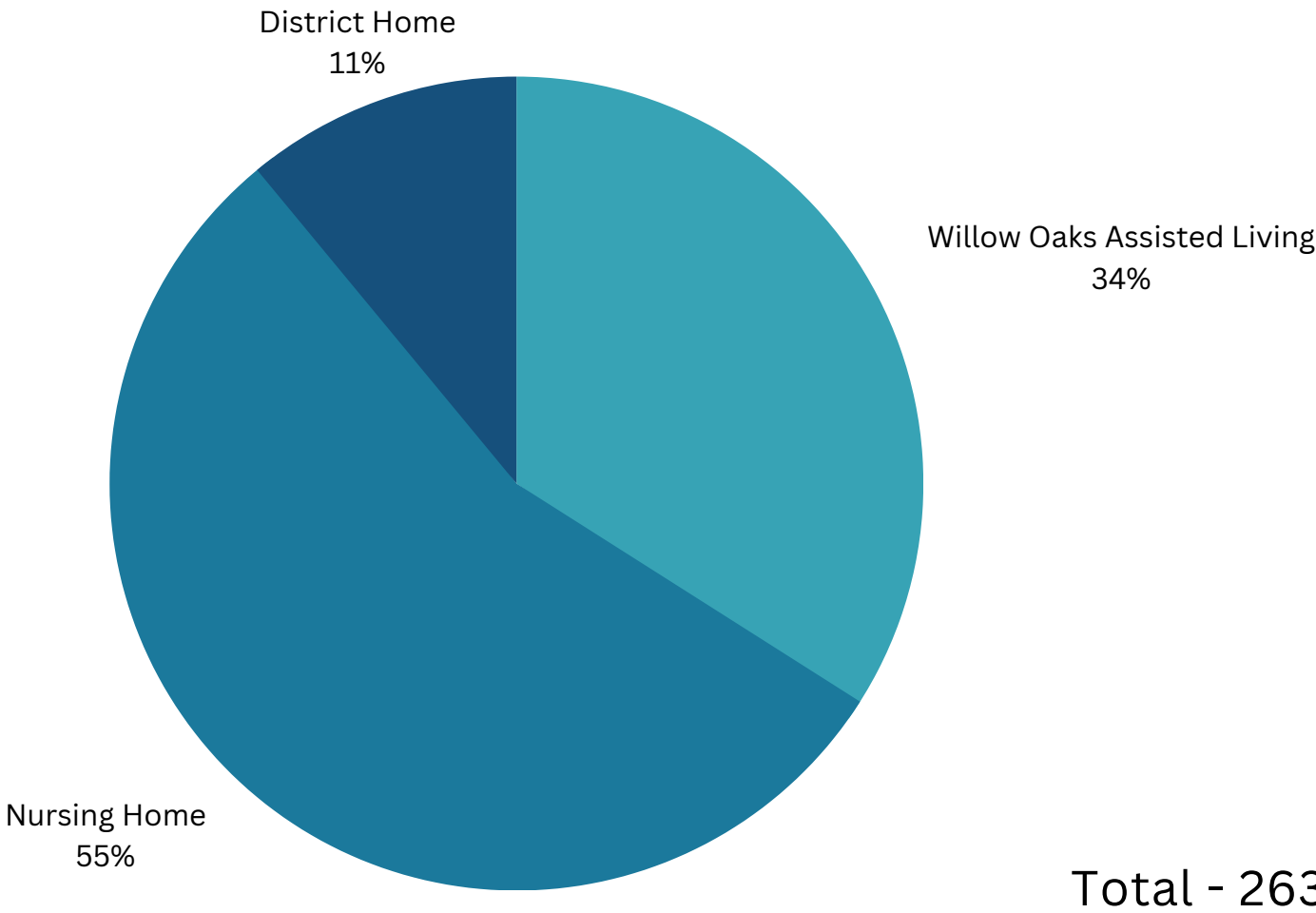
Who We Serve

Our dedication can be found in every aspect of the person-centered care and services we provide to our residents and their families. From our youngest resident on campus to our oldest, Birmingham Green remains committed to supporting both our residents and team members so they may grow in their independence and their careers.

Locations of Our Residents
as of June 30, 2022



Census of Our Campus
as of January 18, 2022



Total - 263 residents

Who We Serve

This year, seven team members were named as recipients of the Regirer Nursing Scholarship from the Virginia Health Care Association and the Virginia Center for Assisted Living (VHCA-VCAL). Each awardee received \$2,000 towards the cost of their nursing education. As such, a collective \$14,000 went toward our nurses' goals of earning their LPN or RN degrees to advance their careers.

Recipients of the Regirer Nursing Scholarship

Honorine T. Atabong Willow Oaks Assisted Living	Dora Gbolonyo Willow Oaks Assisted Living	Gilma L. Gomez The District Home	Linda Quansah Northern Virginia Health Center Commission (NVHCC)
Sundos Sahid The District Home	Sarah J. Sandberg The District Home	Gloria M. Yanez Willow Oaks Assisted Living	



Top Highlights

Annual Report FY2022

Top Highlights



ALZHEIMER'S WALK

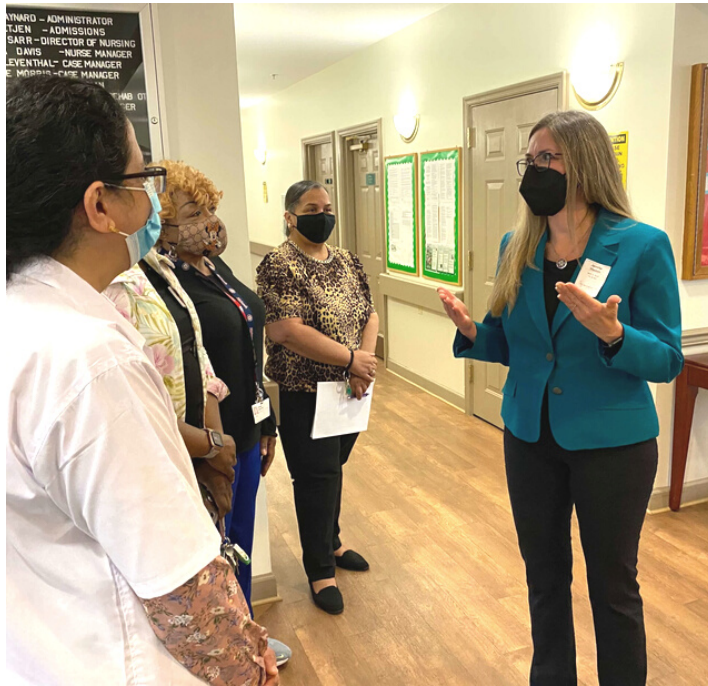
Birmingham Green team members participated in The Alzheimer's Association Walk to End Alzheimer's. The tie-dye shirts worn by several team members were created and designed by residents at District Home Assisted Living. Team members walked with Promise Garden flowers: Blue represented someone living with Alzheimer's or another dementia; purple was for those who have lost someone to the disease; yellow represented someone currently supporting or caring for a person living with Alzheimer's; and orange symbolized those who support the cause and the Association's vision of a world without Alzheimer's and all other dementia.



CAREER CONNECTIONS

Birmingham Green had the opportunity to visit Osbourn High School in Manassas, Virginia, to participate in a Career Connections event with their students. While Nursing Home Administrator, Aaron Rebuck, met with Business students, RN Manager, Debra Campbell, met with Nursing students. The focus featured career pathways in Accounting & Marketing, and the discussion included: what a typical day is like, projects we worked on, the background needed in our career field, job/volunteer opportunities in the company, who we serve, etc. A special thank you to the Prince William Chamber of Commerce for connecting us with Osbourn High School.

Top Highlights (continued)



CONGRESSWOMAN JENNIFER WEXTON VISIT

As part of the AHCA/NCAL Future Leaders Program, our Director of Human Resources & Compliance Officer, Alice Decker, invited Congresswoman Jennifer Wexton to discuss the importance of our seniors' well-being. Congresswoman Wexton advocates on behalf of the nursing homes, assisted living facilities, residents, and staff in our community.



PARTNERSHIP WITH SODEXO

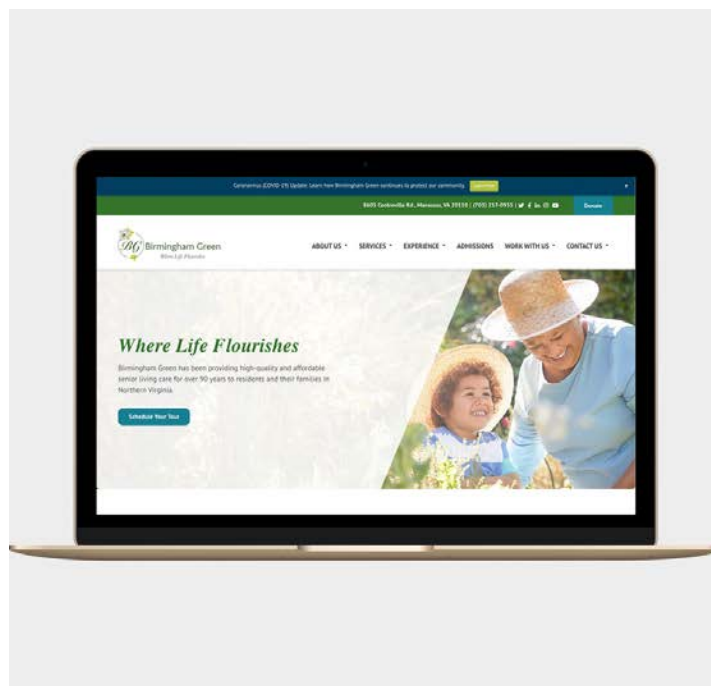
We announced our partnership with Sodexo, a leader in food service and facilities management. This partnership continues to enhance Birmingham Green's Support Services — including dining, housekeeping, laundry, and facility maintenance — by offering innovative solutions for residents, staff, and visiting guests. Sodexo's strong national senior living network, as well as its local presence in Virginia, will create a mutually beneficial partnership for Birmingham Green residents' health and care.

Top Highlights (continued)



FOOD DRIVE

Birmingham Green residents, team members, and friends collected non-perishable food items throughout November 2022 for our Community Food Drive. The items were delivered to Northern Virginia Family Service (NVFS) - SERVE campus located in Manassas, Virginia.



OTHER NOTABLE MOMENTS

Other notable moments we've been able to share with our residents, staff, and families include:

- Leading the Birmingham Green Way Training
- New Nurse Call Wander Management System
- Parking Lot Repaved
- New Website, New Logo, Brand Style Guide, and Spring Photoshoot
- Partnership with the Fenwick Foundation for Dental Services
- COVID-19 Booster Vaccine Clinics

Awards

Annual Report FY2022





Best Nursing Homes 2023 By Newsweek

Newsweek voted Birmingham Green as one of the 'Best Nursing Homes 2023.' The rankings were based on four criteria that matter most when choosing a nursing home. Existing criteria included scores for performance data, reputation, and COVID-19. An additional score for facilities accredited by the Joint Commission International, an independent, non-profit health care standards organization, was added.

In light of the pandemic, Newsweek's COVID-19 score was measured using the Centers for Medicare & Medicaid Services (CMS) data to identify nursing homes with the best response and protocols for COVID-19. Birmingham Green continues to provide weekly COVID-19 updates for residents, families, team members, and the community, to uphold our ongoing commitment to the safety and well-being of those on our campus.





CMS Five-Star Rating

Our Skilled Nursing facility earned a Five-Star designation for Quality Measures by the Centers for Medicare & Medicaid Services (CMS). This Five-Star Rating is based on several Long-Stay and Short-Stay Quality Measures, and we scored better than the state/national average in multiple categories.

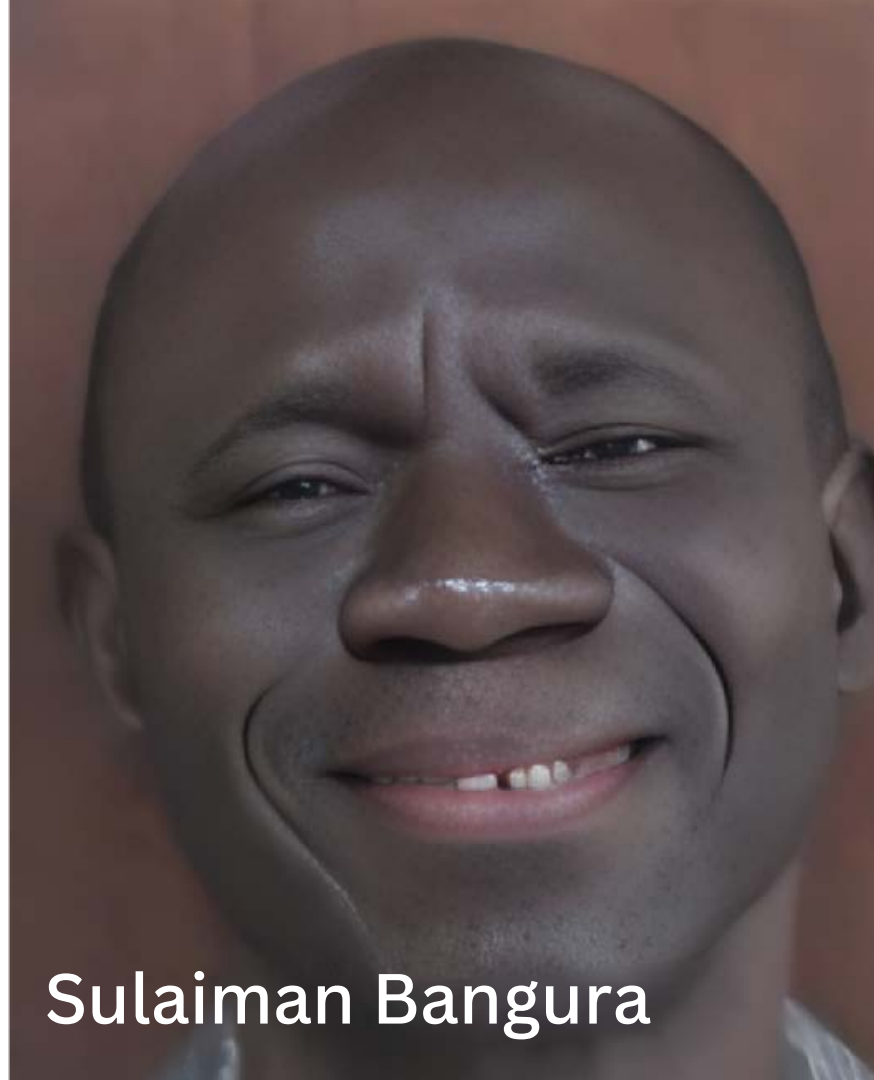
This acknowledgment is an amazing indication of the everyday care and compassion our team at Birmingham Green provides for our residents. Our standard of excellence is evident in everything we do and we are committed to providing the highest level of compassionate care for our residents and their families. Take a moment to review some of the many services we offer to ensure Birmingham Green is always a place where life flourishes:

- Fall Prevention (Rehabilitation & Therapy)
- Wound Healing
- Learning & Development
- Life Enrichment Technology
- Staffing
- Food Services



CECA Awards

The Ceca Award recognizes and rewards the work of exceptional caregivers in health care communities. Ceca celebrates each honoree with a public award presentation and a \$250 prize. In addition to the quarterly award, Ceca's series of special awards have been presented to health care workers displaying exceptional compassion, creativity, or teamwork in caring for people and preparing the communities during the COVID-19 pandemic.



Sulaiman Bangura



Diana Koomson

Team Member of the Year

During the calendar year, any team member selected as Team Member Of The Month is eligible to receive the Team Member Of The Year award. Team members vote from the pool of eligible team members of the month. This year, our recipients were Sulaiman Bangura and Diana Koomson. Both received a certificate and monetary award. Congratulations, Sulaiman and Diana!



A close-up photograph of several pink dogwood flowers with white centers and yellow stamens, set against a blurred green background. The flowers are in various stages of bloom, with some showing more pink and others more white. The lighting is soft, highlighting the delicate petals.

Our History

Annual Report FY2022

Our History

Birmingham Green has a proud history as a financially accessible senior living facility in Northern Virginia.

For more than 90 years, Birmingham Green has been home to Northern Virginians needing long-term care, but do not necessarily have the personal resources to afford the services. Birmingham Green has continually provided dignified, caring assistance to our residents.

Dating back to 1926, five localities in our region established a home for those who, for a variety of reasons, did not have the ability to care for themselves. Prince William, Fairfax, Loudoun, Fauquier, and the City of Alexandria purchased a 54-acre site on Centreville Road in Manassas, Virginia — a part of a larger region known as Birmingham Green. There, they built the District Home of Northern Virginia to provide food, shelter, and employment opportunities for those who needed it most in the area.

The original District Home was built on farmland, which, for nearly 20 years, many residents enjoyed helping to maintain. By the 1950s, District Home was expanded to accommodate 80 residents, and became a licensed rest home to care for the area's lowest-income community members with disabilities.



Our History

Today, the campus – notably named Birmingham Green – is comprised of the licensed 64-bed District Home Assisted Living that is currently operating as a 30-bed facility, a 180-bed Northern Virginia Health Care Commission that opened in 1991 to provide nursing and rehab services, and the Willow Oaks Assisted Living, a 92-unit supportive housing facility that opened in 2008 to offer additional assisted living services.

In addition, Birmingham Green continues to fill a very unique and irreplaceable public-private partnership role that continues to be true to our historical mission for who we serve. The Northern Virginia Health Care Commission is a 94 percent Medicaid facility, the only such facility in Northern Virginia. Willow Oaks Assisted Living is a 100 percent Auxiliary Grant facility, also the only such facility in Northern Virginia that has dedicated all of its units to the state-administered grant program. Both facilities operate off community funds from the local governments to make up the difference between state reimbursements and the full costs of senior living care. Birmingham Green has also been taking the initiative to anticipate the future, both in the depth and diversity of the needs, and the preferences of who we serve.



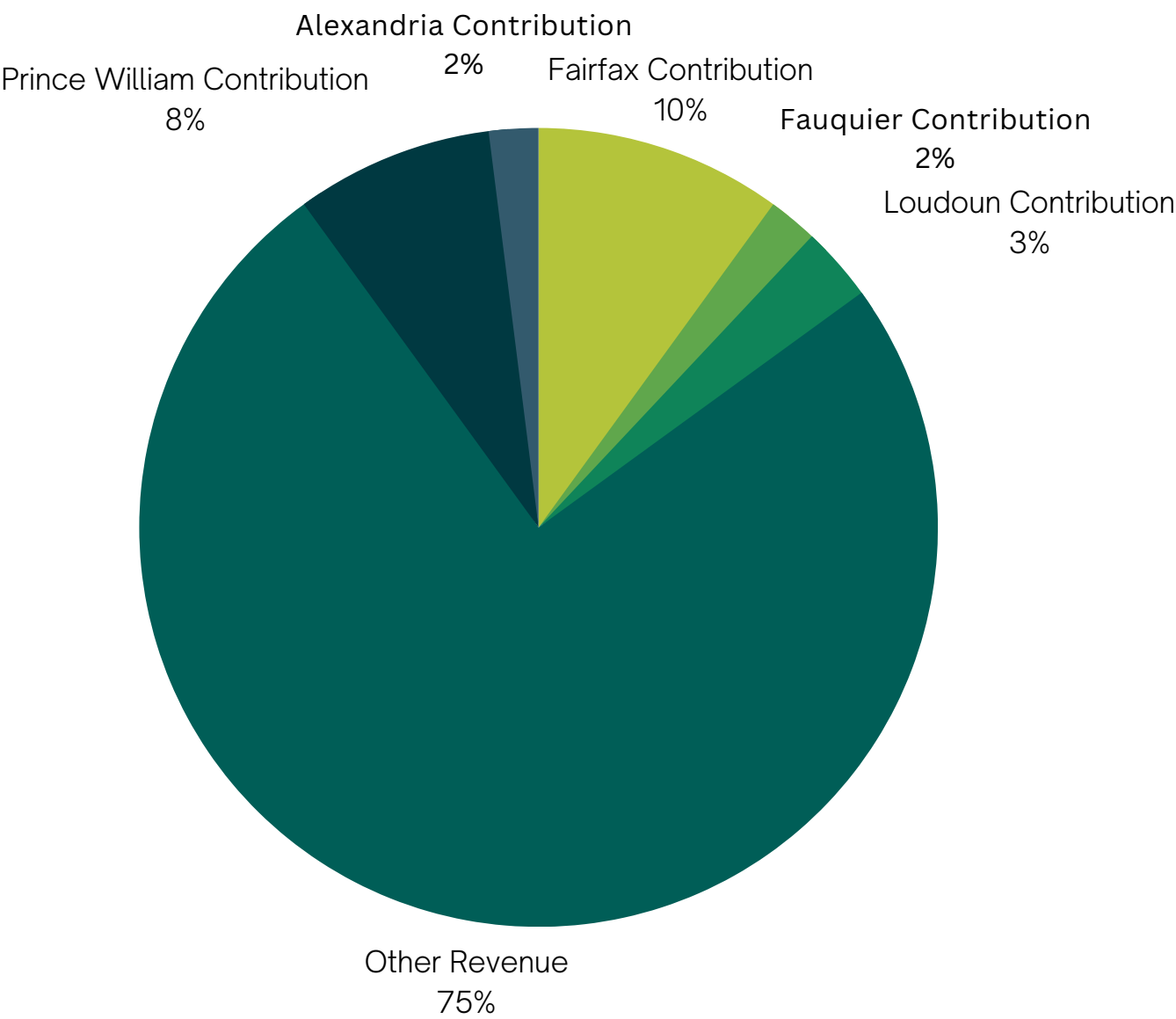
Financials

Annual Report FY2022



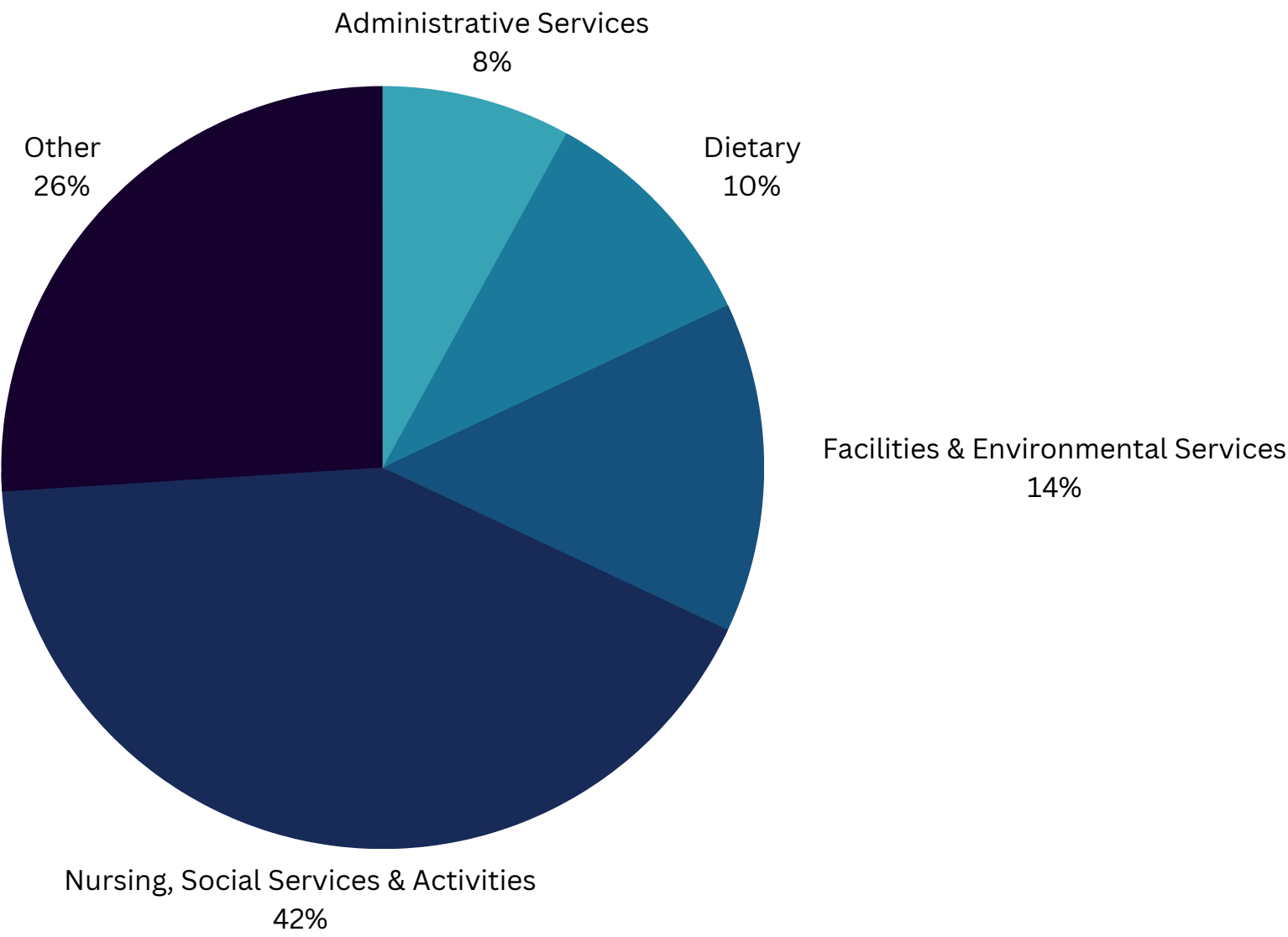
Financials

FY22 Revenue Sources \$28,896,813



Other Revenue: Includes Medicaid, Medicare, Auxiliary Grant, Private Pay & Stimulus Payment

FY22 Operational Expenses \$26,771,310





Ways to Give

Annual Report FY2022

Ways to Give

Birmingham Green and the Birmingham Green Foundation continue to build on more than 90 years of service to Northern Virginia residents. All gifts are fully tax-deductible under IRS regulations and may provide additional tax advantages for the donor.

Birmingham Green is honored that authors Ruth Hersh Perry and Edgar N. Brown have requested for all proceeds from the sale of their book, *Didn't Meet Any Geezers*, to go to the Birmingham Green Foundation. *Didn't Meet Any Geezers* will serve to educate and prepare young people for visits to long-term care facilities.

You can also donate by:



- Donations can be made by calling our Finance office at **(703) 257-6269**.
- To set up a **monthly pledge**, call **(703) 257-6241**.



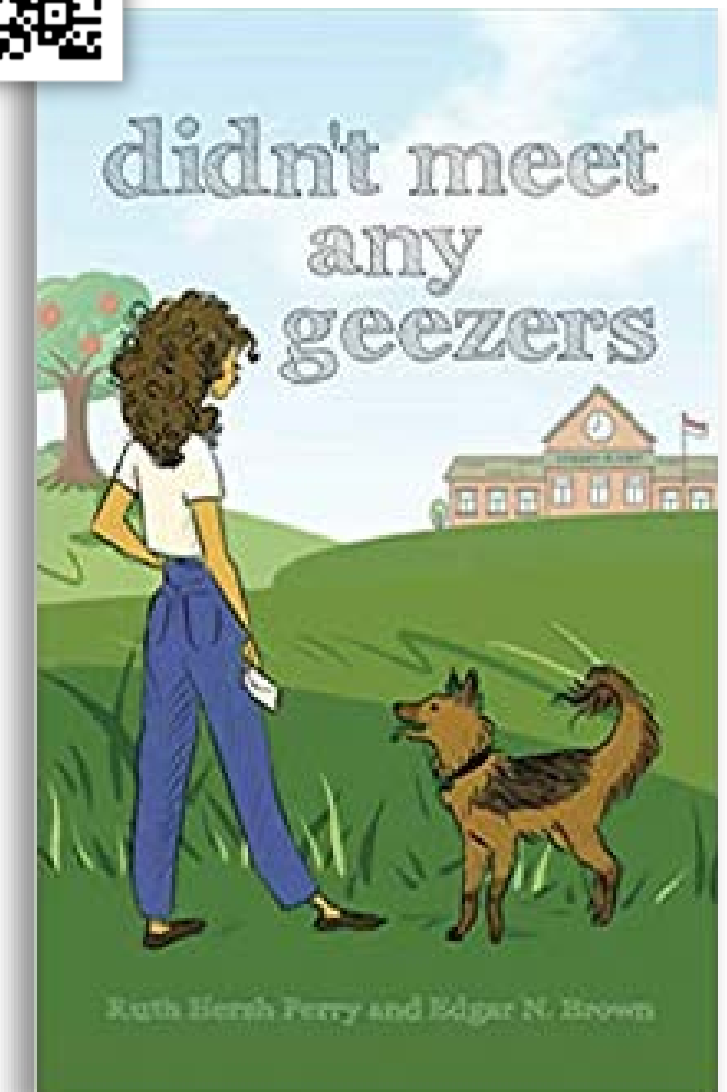
- Checks are payable to the Birmingham Green Foundation.
- Mail to our Foundation Office at
8605 Centreville Road, Manassas, VA 20110.



Scan the QR code to visit our Online Donations page.



Scan the QR code to Buy The Book.





Our Volunteers & Donors

Annual Report FY2022

Our Donors

Volunteers

Amy Lemieux

Antioch Baptist Church of Fairfax Station Baptist Church

Cathie Porter-Lucas

Casey Nelson

Denny Glusko

First Baptist Church of Manassas

GMU SW Department of Social Work

Jennifer Katebini

June Horowitz

Knights of Columbus

Leslie Nelson

Manassas Park Bible Church

Mary Carlson

Mary White

Nancy Hamrick

Osbourn Park Key Club

Professor Shannon Snyder of GMU

Ruth Perry

Elite Home Team Powered by EXP Realtors

St. Thomas United Methodist Church

Theodore Awua

VFW (Veterans of Foreign Wars) Women's Auxiliary

Youth for Tomorrow

Our Donors

Community Donors

Beth Sharpe

Boy Scout Troop 670

Buckhall United Methodist Church

Carol Hall

Cherie Lejeune

Cheryl DeShields

Claudia Nystrom

Delta Sigma Theta Sorority

Donna Armani

Doug and Helga Wiley

Estate of Elaine Baker/ Joanne Burke

Heritage Hunt Quilters Club

Herndon Fortnightly Library of Herndon, VA.

Joan Craun

Judith Shepard

Keith Garrick in loving memory of Mary Garrick

Khamphiane and Annorah Pantavong

Kristen Jacobs

Lyric's Garden Club

Manassas Lion's Club

Margaret Harmon

Margie Collins

Mikayla Loy and Savanna Loy

Morena Dove

Mr. Smith

Pastor Denny Glusko

Prince William County Young Men's Service League

Prince William Young Men's Service League

Our Donors

Community Donors (continued)

Running Creek Farm

Running Creek Farm in Nokesville, Va.

Ruth Perry

Simply Elite Homes Team

St. Thomas United Methodist Church

Suellen Savukas

Sweet Virginia Foundation

The Estate of Elaine Baker

Theodore Awua

Trina Canada

Youth for Tomorrow

Zeta Phi Beta Sorority

Our Donors

Monetary Donors

Alicia and Jose Martinez

Araceli Ablaza

Barbara Waldman

Blakeman Family Trust

Courtney and John Tierney

Herndon Fortnightly Club

James and Joan Thomas

Jennifer Katebini

Joseph A Marston

Joseph Marston

Lois Eister

Lucinda Mester

Mr. Scott Plein

Mr. Timothy Brown & Mrs. Elizabeth Murphy

Nadjie Carew/ Act of Giving

Network for Good

Ruth Perry

Sok Woo

ViLisa Chapman Terry

Waldemar and Anna Barabasz

William and Kathleen Kozak



Let's Connect

Annual Report FY2022



Contact Us

For any questions or clarifications on our report.



[Facebook.com/BirminghamGreen](https://www.facebook.com/BirminghamGreen)



[Instagram.com/BirminghamGreen](https://www.instagram.com/BirminghamGreen)



[Twitter.com/BirminghamGreen](https://twitter.com/BirminghamGreen)



[Linkedin.com/Company/Birmingham-Green](https://www.linkedin.com/company/Birmingham-Green)



[BirminghamGreen.org](https://www.BirminghamGreen.org)



(703) 257-0935