

Spring 2022

# Birmingham Green Community Newsletter

8605 Centreville Road, Manassas, Virginia 20110 | 703-257-0935 | [Birminghamgreen.org](http://Birminghamgreen.org)

Blossom  
by  
Blossom...  
  
Spring  
is  
Here.

## A Message from our CEO

As a healthcare provider, Birmingham Green faces unique pressures and challenges. However, quality and caring for others are ingrained in what we do. We want to see people healthy and thriving. So when we have a chance to join together and make an impact on those we serve, our team members are all-in. As an organization, we realize that culture impacts the quality of care, which is the reason we have invested in culture-driven programs that provide both professional and organizational development. Recently, 16 team members received their Eden Trainer Certifications. This will allow us to continue in-house Eden training. We also have four ambassadors and 18 champions across our campus who are leading our newly launched Leading the Birmingham Green Way program that teaches team members how to live our core values and behaviors daily.

As we think spring and new initiatives, you will read in this newsletter about our partnership for food and facilities management with Sodexo. You will also see some amazing new content bloom across our website. You will find up-to-date news and events like the restart of **Family Day events on May 7th.**

We are thankful and honored to say that we have team members who ensure that our residents receive the essential social connections they need. Join us in celebrating **Creating and Nurturing Connections**, which will be observed May 8-14, 2022, in skilled nursing centers across the United States.

Best,

*Denise*

Denise Chadwick Wright,  
CEO

*A community with a holistic approach: fostering the spirit, nurturing the body, and nourishing the mind.*

## Careers in Aging



This spring, Birmingham Green celebrated our team members and Careers in Aging Week. We will continue to highlight the rewarding careers in aging via social media using the hashtag #CareersInAging.

Many members of our team at Birmingham Green chose careers in aging as a way to give back to the community while learning about long-term care. **Case Manager, David Leventhal** shared, "I chose my career in aging because I became very passionate about caring for elders. The more I learned about aging populations, the more I became convinced that working in long-term care was something that I wanted to do. It is a decision that I would make all over again."

There are a variety of options for the type of career you can pursue through research, practice, education, and policy. Person-centered care has many opportunities to combine with different areas of study to impact the lives of the community in different ways.

A great way to introduce careers in aging to a younger audience is through literature. ["Didn't Meet Any Geezers"](#) was written by Ruth Hersh Perry and Edgar N. Brown, supporters of Birmingham Green. This warm tale offers perspective on the elderly stages of life. The proceeds from this book go to the Birmingham Green Foundation.



## Health Care Heroes

"I chose my career in aging because I can develop relationships with the residents and their families. I can see how our interdisciplinary team works to enrich the lives of our elders. I work with some of the best, most caring people around."

**Aaron Rebuck**  
**Assistant Administrator**

"I chose my career in aging because I like to be a beacon of light for the elders to bring laughter and joy."

**Carolyn Brown**  
**Certified Nursing Assistant**

"I chose my career in aging, because I want to help to ensure all elderly persons have safe and secure housing, as well as the care and services that they need to fully live their lives."

**Joan Thomas**  
**Chief Operating Officer**



Birmingham Green team members celebrating the diverse careers in aging

## New Partnership: Sodexo

Sodexo provides catering, facilities management, employee benefits, and personal home services to 100 million consumers daily in 55 countries. We believe in the difference a day makes. That's why we are proud to focus on people's essential needs through our partnership with Sodexo. We see these essential needs as key to improving our community's quality of life. We know that by focusing on concrete improvements each day for millions of people, we can impact not only individuals but also society and the planet. With Sodexo, these improvements start with how we live each day. As the new partner of Birmingham Green, Sodexo has been working to enhance the resident and caregiver experience with all interactions with food, facilities, housekeeping, and laundry. Since the launch of our partnership, the team has leveraged science, insights, and imagination to meet the diverse needs of the Birmingham Green community.

During the months of February and March 2022, new menus were introduced offering scratch baking, international cuisines, and new healthy options. The team continues to refine the menu based on residents' likes and dislikes and will implement new retail options for team members in the upcoming months. New team members Matthew Mahoney, Chef, and Elizabeth Bass, RD, joined the team during this time, and Judi Bork, Interim General Manager, has been building the team. Birmingham Green has purchased new nutrition management software that will better interface clinical and diet orders with dining to improve accuracy and efficiency.

Housekeeping and Facilities teams have rolled out Sodexo's programs and systems to improve equipment usage and the environment in the community. These include a new portal for Facility requests which allows better tracking of work orders, customer feedback, and code compliance. Additionally, in early February, Sodexo partnered with Ecolab to convert to chemicals that have been proven effective in improving infection control.

Birmingham Green and Sodexo teams look forward to the future as we provide solutions for our community and contribute essential services for their well-being.







Mr. Smith and Mr. Garrett Sitting Outside on the Donated Bench that was given in remembrance of Mrs. Margaret Marie Garrett, "First Lady" member of the Manassas Lions Club & Birmingham Green Volunteer

## History in Bloom

Mrs. Margaret Marie Garrett was the "First Lady" member of the Manassas Lions Club and an avid supporter of Birmingham Green. As "First Lady", Mrs. Garrett made history within the internationally known club causing some of the male members to leave, but she remained friends with those who resigned. Her remarkable story can be seen [here](#) - making headlines in the 1998 publication of the Washington Post.

Mrs. Garrett took pride in her community service while on our campus. The residents enjoyed her smile and warm presence. She left a great impression on every Birmingham Green team member she encountered.

After Mrs. Garrett's passing, Manassas Lions Club Members' Mr. Smith and Mr. Garrett (Mrs. Garrett's husband) donated a bench in honor of her and all the support she provided to Birmingham Green.

Birmingham Green thanks Mrs. Garrett for all of her selfless acts of service. May she rest in peace.

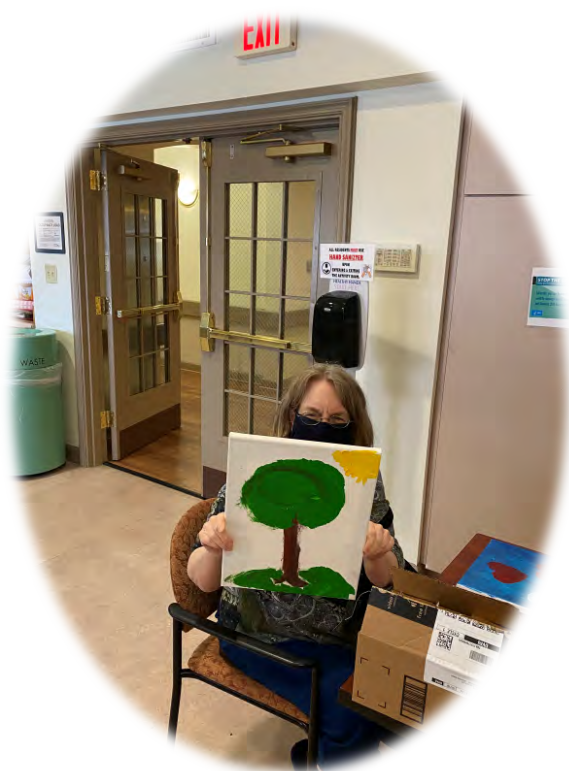
Spring:  
a lovely  
reminder of how  
beautiful  
change can  
truly be.

- Anonymous

## Five Star Quality Rating

Birmingham Green is proud to announce that our Skilled Nursing facility recently earned a Five-Star designation for Quality Measures by the Centers for Medicare & Medicaid Services (CMS). This Five-Star Rating is based on several Long Stay and Short-Stay Quality Measures, and we scored better than the state/national average in multiple categories. This acknowledgment is an amazing indication of the care and compassion our team at Birmingham Green provides for our residents every day. Our standard of excellence is evident in everything we do, and we are committed to providing the highest level of compassionate care for our residents and their families. Check out our [website](#) to view some of the many amazing services we proudly offer to ensure Birmingham Green is always a place where life flourishes.

## Community



Birmingham Green resident showcasing her artwork

## Upcoming Life Enrichment Activities

- **5/5/22** Cinco de Mayo
  - Cultural Music Dance Party
- **5/7/22** Family Day (Mother's Day Event)
  - Mother's Day Backdrop and Photo Shoot
- **5/8/22** Mother's Day Social
  - Cards and Carnations
- **5/11/22** Ice Cream Social
- **5/12/22** Courtyard Music
  - Cupcake Social
- **5/18/22** National Chocolate Chip Day
  - Chocolate Chip Cookies Social
- **TBD** Memorial Day Celebration
  - Courtyard Music and Patriotic Popsicles



Birmingham Green team members enjoying the sun following their [Eden Alternative Training](#)

## Mother's Day Event

We are excited to resume our quarterly Family Days across our campus at Birmingham Green on Saturday, May 7, 2022, to celebrate Mother's Day. All families are welcome and encouraged to attend. To arrange a visit, [please visit this link](#) and select Mother's Day at the Nursing Home, Mother's Day at The District Home Assisted Living, or Mother's Day at Willow Oaks Assisted Living. After selecting May 7, 2022, you will have the option to select an 'Indoor' or 'Outdoor' family visit. Representatives from our rehabilitation provider, Select Rehabilitation, will be on-site and available to provide demonstrations of VSTBalance, Birmingham Green's automated fall-risk assessment tool that pairs artificial intelligence with machine vision to objectively identify deficits in balance, gait, and function – the three leading indicators of a fall-risk.

## Birmingham Green's Contact List

### The Health Center (Nursing Home)

**Administrator:** Mary Vorpahl, LNHA ~ Ext. 6243

**Assistant Administrator:** Aaron Rebuck, LNHA ~ Ext. 6209

**Life Enrichment Director (NH, & DH):** Geneva Bagby ~ Ext. 6244

**Chef Manager:** Matthew Mahoney

**Registered Dietitian:** Elizabeth Bass ~ Ext. 6229

**Director of Nursing:** Teresa Radcliffe ~ Ext. 6220

**Nurse Manager, Cardinal Heights:** Amanda Partlow, LPN ~ Ext. 6207

**Nurse Manager, Garden Hill:** Sheila Walker, RN ~ Ext. 6218

**Nurse Manager, Cherry Blossom Estates:** Deborah Arminio RN ~ Ext. 6225

**Infection Control Preventionist:** Patience Adjaho, RN ~ Ext. 6261

**Rehab Therapy PT** ~ Ext. 6258

**Director of Social Services:** Tondra Cahill ~ Ext. 6215

**Social Worker:** Suzanne Byrne ~ Ext. 3493

**Admissions Coordinator:** Matthew Sutermeister ~ Ext. 6206

**Director of Volunteer and Support Services:** Andre Porter ~ Ext. 6252

**Building Services Director:** Hani Ghannam ~ Ext. 6273

### Executive Office

**Chief Executive Officer:** Denise Chadwick Wright ~ Ext. 6240

**Chief Financial Officer:** Perry Mason ~ Ext. 3494

**Chief Operating Officer:** Joan Thomas, LCSW, FACHE, MBA, CMC, LNHA ~ Ext. 6226

**Director Human Resources and Compliance:** Alice Decker, BS ~ Ext. 6210

**Executive Office Manager:** Brenda Fleuridor ~ Ext. 6241

*Caring for Nursing Home  
and Assisted Living  
residents requires a range of  
staff expertise. Our  
personnel are dedicated to  
your loved one's care while  
promoting a quality life.*

### Willow Oaks Assisted Living

**Administrator:** Tracy Maynard, ALFA, BS, CMC, ADC ~ Ext. 6253

**Director of Nursing (WO and DH):** Assisted Living Kumba Sarr, RN ~ Ext. 6219

**Social Worker/Case Manager:** Clarice Morris ~ Ext. 6248

**Case Manager:** David Leventhal ~ Ext. 6265

**Nurse Manager:** Angela Davis, RN ~ Ext. 6263

**Admissions Supervisor (WO and DH):** Mary Tietjen ~ Ext. 6264

**Life Enrichment Manager:** Leah Bansleben ~ Ext. 6224

### District Home Assisted Living

**Administrator:** Robert Wagner ~ Ext. 6254

**Nurse Manager:** Michelle Short-Pack, LPN ~ Ext. 6294



## Let Us Connect



### Website

[birminghamgreen.org](http://birminghamgreen.org)

### Facebook

[facebook.com/birminghamgreen](https://facebook.com/birminghamgreen)

### Twitter

[twitter.com/birminghamgreen](https://twitter.com/birminghamgreen)

### Instagram

[instagram.com/birminghamgreen/](https://instagram.com/birminghamgreen/)

### Linkedin

[linkedin.com/company/birmingham-green](https://linkedin.com/company/birmingham-green)