

Winter 2021

Birmingham Green Community Newsletter

8605 Centreville Road, Manassas, VA 20110 | 703-257-0935 | Birminghamgreen.org



Celebrating the Holidays around the World!

Hanukkah Continues

November 28- December 6

Saint Nicholas Day

December 6

Poinsettia Day

December 12

Las Posadas

December 16-24

Yaldā

December 21

Winter Solstice

December 21

Christmas

December 25

Boxing Day

December 26

Kwanzaa

December 26–January 1

New Year's Eve

December 31

Three Kings Day

January 6

A Message from our CEO

In our recap of 2021, you'll find plenty of inspiration from our team members, to lessen our residents' emotional toll of months of separation from family and friends. They maintained rigorous infection control protocols, facilitated hundreds of virtual visits, organized hundreds of hours of life-enriching programs, and maintained a full calendar of holiday celebrations.

As we welcome the New Year, 2022, Birmingham Green's commitment to creating an innovative community where life flourishes and continues to grow stronger every day. We have decided to become a part of something bigger than ourselves. 2021 has been a year of resilience, innovation, and inspiration, driven by a dedication to our mission and values during a time of great stress. Our journey through the pandemic year acknowledges the commitment of our team members, leadership, and the community to those we serve. We deployed technology to maintain transparency throughout the year by hosting meetings with residents, their families, and friends to listen to concerns, answer questions, and share information. Our website transformed into a timely and critical information hub for the greater community. Members of our Board showed appreciation for our team members and support for our residents. Community members sent artwork, crafts, and symphony orchestra tickets. They along with family members participated in car parades and through calls, emails, and letters, inspiring us with their empathy and caring. We could not have arrived in the Winter of 2021 without our team members' dedicated and tireless work, leaders, benefactors, and the greater community. This holiday season, we embrace the future with purpose and confidence guided by our mission and values and sustained by your support.

Happy Holidays from Birmingham Green! May your holiday season be full of health and happiness.

Best,

Denise

Denise Chadwick Wright,
CEO

Spreading Holiday Cheer



“Holiday Lights at Birmingham Green”

Birmingham Green’s Holiday Parade

Birmingham Green’s team members, residents, and community members participated in a Holiday Parade where their vehicles were decorated in holiday décor! The road and parking areas were blocked off to ensure safety for all, and holiday music was played to ensure lots of fun. Those who joined in the parade circled our campus and waved to those nearby, displaying their holiday flair.



A Comforting Thought....

“We make a living by what we get. We make a life by what we give.”

~ *Winston Churchill*

Birmingham Green Foundation Raffle

This holiday season, Birmingham Green is giving back! Raffle tickets are available at the front entrances of Willow Oaks, Assisted Living, and The Health Care Center (Nursing Home). Please ask one of our receptionists if you would like to receive a raffle. Contributions to the Birmingham Green Foundation will help expand our services to the community. We appreciate all raffles that are secured.

For more information, please visit our website below. If you would like to give, all donations are tax-deductible.

<https://www.birminghamgreen.org/about-us/foundation/>



“Team members, Donna and Nadjie, giving out raffles”

Residents' Night Out



“Festival of Lights at Bull Run Regional Park”

The residents of Birmingham Green enjoyed a night out on the town! [The Fenwick Foundation](#) provided tickets to the Festival of Lights at Bull Run Regional Park where the residents viewed a 2.5-mile drive through illuminated holiday lights. The residents experienced the fun in the comfort of their seats for a safe ride along the magical glows.

Visitation Updates

Birmingham Green welcomes our visitors in accordance with the updated CMS visitation guidance. If residents or their representative would like to have a visit during this time, masks will continue to be required, regardless of vaccination status, and visits will continue in residents' rooms. Due to the high transmission rate in our county and the increasing number of COVID-19 cases, we would like to offer several options for visitation. The Alternative options will include access to our private visitation rooms (Lilac and Jasmine), a heated outdoor visitation tent, or our multi-purpose room. Our new visitation rooms are available in the Health Care Center (Nursing Home). Reservation for a private room is not required and visitation within a resident's room remains an option for all facilities on campus.

Life Enrichment Celebrates the 12 Days of Christmas

December 14:

Christmas Carols and
Baking Cookies

December 15:

Travelogue:
Christmas in Germany

December 16:

Cocoa Cart and Crafts

December 17:

Polar Express Day

December 18:

Holiday Movie Marathon

December 19:

Christmas Symbols

December 20:

Gingerbread House Decorating

December 21:

Snowmen and Snowballs

December 22:

A Grinch Day

December 23:

Caroling Day-Virtual Sing-along

December 24:

Ugly Holiday Sweater Day



“The Health Care Center’s Christmas Tree”

Alzheimer's Walk



Birmingham Green participated in this year's **Walk to End Alzheimer's!** Birmingham Green's team members showed their support by hosting a table that showcased the different colors of flowers that represented different ways we are all affected by Alzheimer's. Yellow represents an individual who cares for someone with Alzheimer's. Blue represents an individual who is living with Alzheimer's. Purple represents an individual who lost someone to Alzheimer's. Orange represents an individual who supports a world without Alzheimer's. Birmingham Green's team members also gathered with the community in walking two miles, joining the fight against Alzheimer's. Birmingham Green will continue to show our support for the [Alzheimer's Association](#) to bring awareness to this disease that affects many.



Fourth Quarter CECA Award

This quarter's CECA Award winner is Ms. Clarice Morris. Ms. Clarice Morris is our dedicated social worker who works at Willow Oaks Assisted Living facility. Ms. Clarice started working at Birmingham Green in 2018. She has worked with seniors for over twenty years and enjoys their positive spirit. Ms. Clarice states, "The residents' appreciation and positive outlooks on life are very contagious. Their sense of humor is priceless." Every day, the residents inspire her to give as much as she can, and she truly enjoys working with them. Congratulations to Ms. Clarice Morris!

Birmingham Green's Contact List

The Health Care Center (Nursing Home)

Administrator: Mary Vorpahl, LNHA ~ Ext. 6243

Assistant Administrator: Aaron Rebeck, LNHA ~ Ext. 6209

Director, Life Enrichment (**NH, DH, & WO**): Christina Cole, CTRS, CDP ~ 571-241-1136

Interim Director, Food Services: Robert Wagner ~ Ext. 6254

Registered Dietitian (**NH**): Jennie Merritt, RD ~ Ext. 6227

Director of Nursing (**NH**): Sheila Motley, RN ~ Ext. 6220

Nurse Manager, Cardinal Heights: Amanda Partlow, LPN ~ Ext. 6207

Nurse Manager, Garden Hill: Sheila Walker, RN ~ Ext. 6218

Nurse Manager, Cherry Blossom Estates: Connie Burelle, RN ~ Ext. 6225

Infection Control Preventionist: Patience Adjaho, RN ~ Ext. 6261

Rehab Therapist: Maithili Patibandla, PT ~ Ext. 6258

Director, Social Services: Tondra Cahill ~ Ext. 6215

Social Worker: Suzanne Byrne ~ Ext. 3493

Admissions Coordinator: Matthew Sutermeister ~ Ext. 6209

Director, Volunteer & Support Services Andre Porter ~ Ext. 6252

Director, Facilities John May ~ Ext. 6273

Director, Environmental Services, Julio Mogollon ~ Ext. 6249

EXECUTIVE OFFICE

Chief Executive Officer: Denise Chadwick Wright ~ Ext. 6240

Chief Operating Officer: Joan Thomas, LCSW, FACHE, MBA, CMC, LNHA ~ Ext. 6226

Director Human Resources & Compliance: Alice Decker, BS ~ Ext. 6210

Executive Office Manager: Brenda Fleuridor ~6241



Caring for Nursing Home and Assisted Living residents requires a range of staff expertise. Our team is dedicated to your loved one's care while promoting a quality life.

Willow Oaks Assisted Living

Administrator: Tracy Maynard, ALFA, BS, CMC, ADC ~ Ext. 6253

Director of Nursing (**DH, WO**): Kumba Sarr, RN ~ Ext. 6219

Social Worker/Case Manager: Clarice Morris ~ Ext. 6248

Case Manager~: David Leventhal ~ Ext. 6265

Nurse Manager: Angela Davis, RN ~ Ext. 6263

Admissions Supervisor (**DH, WO**): Mary Tietjen ~ Ext. 6264

District Home Assisted Living

Administrator: Robert Wagner ~ Ext. 6254

Nurse Manager: Michelle Short-Pack, LPN ~ Ext. 6294

Let Us Connect



Check us out on all of our web pages!

Website

birminghamgreen.org

Facebook

facebook.com/birminghamgreen

Twitter

twitter.com/birminghamgreen

Instagram

instagram.com/birminghamgreen/

Linkedin

linkedin.com/company/birmingham-green

Our Mission:

A community with a holistic approach: fostering the spirit, nurturing the body, and nourishing the mind.