Fall 2021

Birmingham Green Community Newsletter

8605 Centreville Road, Manassas VA 20110 ~ 703-257-0935 ~ birminghamgreen.org

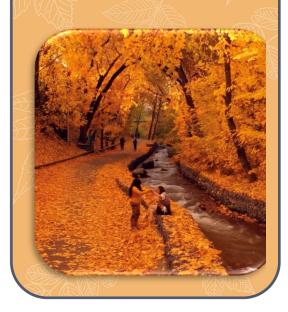
Our Values: Stewardship ~ Inclusiveness ~ Passion

For COVID-19 campus updates: visit our website for weekly updates or check your email inbox.

30 Years at Birmingham Green Happy Retirement!



Jeanie Carver, Nursing Home Admissions Supervisor



A Message from our CEO

Falling for A Great Story

I can hardly believe it's here already, but with autumn leaves ablaze in the trees and cool, crisp morning air, fall has most decidedly arrived.

This fall, we continue to have much to be grateful for as a community that embraces our mission. Stay on the lookout for the launch of our exciting rebranding efforts, which I will be able to share with you over the coming months. We also continue to welcome referrals of all kinds. If you know someone who would be a great addition to the Birmingham Green team, please let them know that we are currently hiring compassionate, caring individuals to serve our residents. Plus, if you are looking for a great new book to cozy up with this autumn, I encourage you to pick up a copy of *Didn't Meet Any Geezers* on Amazon. It's a lovely read and all proceeds will be donated to the Birmingham Green Foundation.

I also want to share with you the exceptional story of Jeanie Carver, our Nursing Home Admissions Supervisor, who recently celebrated 30 years of service at Birmingham Green. Time and time again, Jeannie has been commended for her commitment and compassion for our team and residents. She started her tenure with us in 1991 as a Certified Nursing Assistant. Over the years, Jeanie was promoted to Restorative Nursing Assistant prior to serving in her current role as an amazing Admissions Supervisor. This year, Jeanie has decided to retire to spend more quality time at home. We are thankful for Jeanie's service and she will be missed — until she returns to serve as a volunteer, of course!

Best,

Denise

Denise Chadwick Wright, CEO

Our Mission:

A community with a holistic approach: fostering the spirit, nurturing the body, and nourishing the mind.

Life Enrichment Activities

September 30

Oktoberfest Root Beer Floats &

German Heritage Month

October 11 Columbus Day & Indigenous Peoples' Day

October 16

Join the Birmingham Green Team and participate in the Manassas Walk to End Alzheimer's.

When: Saturday, October 16 – Registration starts at 8:00 a.m., Ceremony at 9:30 a.m. with walk to start immediately after

Where: Harris Pavilion | 9201 Center Street Manassas, VA 20110

Route Length: 2 miles

To join Birmingham Green's walk team please visit: http://act.alz.org/goto/birminghamgreen

Please register by Friday, October 8 if you plan to attend. Additional details will be shared with those who register.

October 29



October 31





Don't Be Scared

Scarecrows are just one of many symbols of the fall season. Scarecrows are said to have originated in the 1500s, in Europe where it was common for

farmers to hire guards to protect their crops from animal pests and thieves. The guards sometimes slept in the fields in straw huts or stood watch on wooden



platforms. But as farms grew, farmers could no longer afford to employ vast numbers of guards. They began, instead, to use human-like watchers. These first scarecrows were erected in the spring, topped with animal skulls, fashioned out of rotting vegetables, and hung on crosses. They served one purpose: to scare pests like crows away from valuable crops. It seems that these scarecrows have earned a spooky reputation ever since.

Life Enrichment Activities (continued)

November 2



November 11





Olympics @ Birmingham Green

Residents and staff enjoyed a week of sporting events. Everyone had a lot of fun while enjoying some healthy competition.





Focus on Infection Control – Flu Vaccines for Residents and Staff



Flu season is just around the corner. Vaccines for both residents and staff members are currently on order, however, we currently do not have a set arrival date.

Consent forms are currently being sent by nursing staff to all responsible persons and guardians. Please take a moment to check your mailbox and return the forms to Birmingham Green as soon as possible. We ask that if consent is not granted that you still communicate your non-consent to us to prevent the need for follow-up phone calls, etc.

Once the flu vaccines arrive, those residents for whom we have already received consent will receive their vaccinations.

Staff members will also be receiving their flu vaccines via multiple vaccine clinics.

Focus on Infection Control – COVID-19 Booster shots for Immunocompromised.

Our nursing Administration is in contact with our local Health Department regarding booster vaccines for residents and staff members who are immunocompromised. Our understanding is that the Health Department will provide us with an on-site vaccination clinic for our residents and staff to receive the booster shot. However, we do not have further dates or more detailed information at this time.

Once the Health Department firms up their plans we will be sending out consent forms and details to responsible persons and guardians who wish to have their loved one's receive the booster short.

4th Quarter Ceca Winner

The Ceca Award is designed to recognize, celebrate, and reward caregivers who have been nominated for exceptional patient care. At the end of the nomination period, the panel of judges reviews the posts and chooses that period's Ceca Award Honoree who best exemplifies qualities of empathy, humor, integrity, professionalism, and teamwork in caring for our residents.



4th Quarter Honoree, Naomi Ingram, Denise Chadwick Wright, CEO of Birmingham Green, and Erin Gilfenbaum from the Ceca Foundation.

Congratulations and Thank You for Your Dedication to the Mission of Birmingham Green!

Updated Visitation Information

Per CMS and CDC guidance, there may be times when it is necessary for us to temporarily suspend visitation due to COVID-19 within our buildings.

If you have not been receiving our weekly updates and wish to be placed on the mailing list, you can send a quick email to <u>info@birminghamgreen.org</u> with your name and email and you relation to one of our residents and we will add you to our family email list.

Volunteer Spotlight



We are so thankful to Girl Scout, Annorah Pantavong, for planting flowers in front of the District Home. Annorah will receive her Silver Award for her volunteer service to Birmingham Green work.

An Update on Dr. Quion

As reported in our summer newsletter, Dr. Jun Quion has transitioned his residents to Dr. Desouza. However, we are happy to report that Dr. Quion will continue to be a part of the medical staff at Birmingham Green as a cardiologist and specialty resource.

Our Piebald Deer is Growing Up!



Facility Updates

If you have been to the Nursing Home lobby recently, you will notice we have updated our front desk area, installed an additional check-in kiosk and simplified the furniture and signage.



Birmingham Green in the News

Geneva Bagby, Activities Director at the Nursing Home was recently featured on a news article on the Java Music Club initiative which she initiated at Birmingham Green almost five years ago. <u>Click</u> <u>here</u> to read this great article!



Community Support



Birmingham Green is honored that Ruth Hersh Perry, author, and Edgar N. co-author. Brown who recently transitioned have requested for all proceeds from the sale of their book to go to the Birmingham Green Foundation. Didn't Meet Any Geezers. will serve educate and prepare young

people for visits to long-term care facilities. We ask for your support of the authors and the Birmingham Green Foundation by <u>purchasing a</u> <u>copy of *Didn't Meet Any Geezers*</u>, which is now available in Paperback for \$9.99 on <u>Amazon.com</u>.

You can also support us by designating us as your <u>smile.amazon.com</u> choice by selecting -Health Ctr Comm for Cnts Fairfax Fauquier Loudn & Prn Wm & Cty Alx - EIN: 54-1438692.

A contribution to the Birmingham Green Foundation, a 501(c)3 nonprofit organization, helps provide needed care for our residents. For more information, or to make a monetary donation please visit: birminghamgreen.org/foundation

> Let's Connect Website: birminghamgreen.org Facebook: facebook.com/BirminghamGreen Twitter: twitter.com/birminghamgreen Instagram: instagram.com/BirminghamGreen/ Linkedin: linkedin.com/company/birmingham-green

Caring for Nursing Home and Assisted Living residents requires a range of staff expertise. The following is a list of personnel

dedicated to your loved one's care and promoting a quality life.

BIRMINGHAM GREEN HEALTH CARE CENTER

Administrator

Assistant Administrator Director, Life Enrichment (NH & AL) Interim Director, Food Services Registered Dietitian - Nursing Home Nursing: Director of Nursing Nurse Manager, Cardinal Heights Nurse Manager, Garden Hill Nurse Manager, Cherry Blossom Estates Infection Control Preventionist Rehab Therapy Director, Social Services Social Worker/Case Manager

Admissions Coordinator - Interim Director, Volunteer & Support Services Director, Facilities Director, Environmental Services

WILLOW OAKS Assisted Living

Administrator Director of Nursing - Assisted Living Social Worker/Case Manager

Nurse Manager Director, Life Enrichment (NH & AL) Admissions Supervisor – Assisted Living

DISTRICT HOME Assisted Living

Administrator Nurse Manager Director of Nursing - Assisted Living Director, Life Enrichment (NH & AL) Admissions Supervisor – Assisted Living

EXECUTIVE OFFICE

Chief Executive Officer Chief Operating Officer

Director Human Resources & Compliance

Mary Vorpahl, LNHA ~ Ext. 6243 Aaron Rebuck, LNHA ~ Ext. 6209 Christina Cole, CTRS, CDP ~ 571-241-1136 Robert Wagner ~ Ext. 6254 Jennie Merritt, RD ~ Ext. 6227 Sheila Motley, RN ~ Ext. 6220 Amanda Partlow, LPN ~ Ext. 6207 Sheila Walker, RN ~ Ext. 6218 Connie Burelle, RN ~ Ext. 6225 Patience Adjaho, RN ~ Ext. 6261 Maithili Patibandla, PT ~ Ext. 6258 Tondra Cahill ~ Ext. 6215 Christine Shriner, MSW, CDP, CMDCP ~ Ext. 6229 Ni'Veka Boswell, BSW ~ Ext. 3493 Aaron Rebuck ~ Ext. 6209 Andre Porter ~ Ext. 6252 John May ~ Ext. 6273 Julio Mogollon ~ Ext. 6249

Tracy Maynard, ALFA, BS, CMC, ADC ~ Ext. 6253 Kumba Sarr, RN ~ Ext. 6219 Clarice Morris ~ Ext. 6248 David Leventhal ~ Ext. 6265 Angela Davis, RN ~ Ext. 6263 Christina Cole, CTRS, CDP ~ 571-241-1136 Mary Tietjen ~ Ext. 6264

Robert Wagner ~ Ext. 6254 Michelle Short-Pack, LPN ~ Ext. 6294 Kumba Sarr, RN ~ Ext. 6219 Christina Cole, CTRS, CDP ~ 571-241-1136 Mary Tietjen ~ Ext. 6264

Denise Chadwick Wright ~ Ext. 6240 Joan Thomas, LCSW, FACHE, MBA, CMC, LNHA ~ Ext. 6226 Alice Decker, BS ~ Ext. 6210