

# Birmingham Green Community Newsletter

8605 Centreville Road, Manassas VA 20110 ~ 703-257-0935 ~ [birminghamgreen.org](http://birminghamgreen.org)



## Our Values:

Stewardship ~ Inclusiveness ~ Passion

## Upcoming Events

**Birmingham Green  
Olympic Games**

*August 5*

**Birmingham Green  
Beach Week**

**“A Seaside Summer”**

*August 16 -20*

**Labor Day**

*September 6*

*Dedicated to the social and economic  
achievements of American workers*

**For COVID-19 campus updates:  
visit our website for weekly  
updates or check your email inbox.**

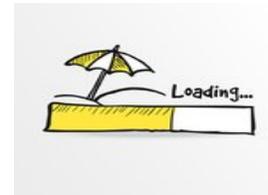
## Our Mission:

**A community with a holistic  
approach: fostering the spirit,  
nurturing the body, and  
nourishing the mind.**

**Referrals Appreciated** – We currently have openings at each of our three facilities to qualifying individuals. If you know of someone that may benefit from our services, please provide them with our contact information.

## A Message from our CEO

### Summer Loading



Summertime at Birmingham Green is off to a great start with the celebration of Father's Day including cook-out menu favorites and an antique car show. The remaining two-plus months of summer will be filled with loads of excitement across our campus, which includes however is not limited: the asphalt paving project; innovation center/lab developments with virtual reality and other engaging electronic devices; progression of the Safe Path Forward steps to expand visitation services, welcoming of medical partners and launching of our new website. *Sunshine is the best medicine – unknown author.*

As you have read, we have multiple reasons to celebrate across our campus ranging from our capital improvement developments, leadership updates, the welcoming of new medical partners and Willow Oaks Assisted Living being named a 2021 AHCA Bronze Award Recipient to name a few. The COVID-19 positivity rates in our surrounding communities continue to remain below 5% and our vaccination rates amongst employees continue to increase.

We appreciate your continued involvement in our community and thank you! If you have questions/comments, contact us at [info@birminghamgreen.org](mailto:info@birminghamgreen.org) and 703-257-6282. Thank you for your continued support.

Best,

*Denise*

Denise Chadwick Wright, CEO

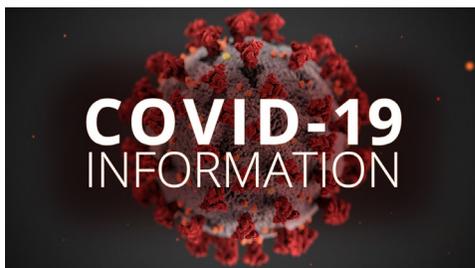
## Updated Visitation Information

We are currently offering virtual, window, indoor, and outdoor visitation arrangements across the campus. To arrange an on-site visit across campus, please [click here](#). We ask that families only schedule one visit per day for their loved one to allow other residents a chance to visit with their loved ones. If you are interested in visitation times outside of the hours posted online, please contact the front desk at 703-257-0935.

We ask visitors who have been vaccinated to provide proof of vaccination to our front desk. Visitors who provide proof of vaccination will not be required to be tested for COVID-19 upon arrival, but our screening process will continue to include a non-contact temperature check. If visitors have not been vaccinated or are unable to verify their vaccination, a COVID test will be completed upon arrival.

## What You Need to Know about the COVID-19 Vaccine

- COVID-19 vaccines are [safe and effective](#).
- You may have [side effects](#) after vaccination. These are normal and should go away in a few days.
- It typically takes two weeks after vaccination for the body to build protection (immunity) against the virus that causes COVID-19. You are not fully vaccinated until 2 weeks after the 2nd dose of a two-dose vaccine or two weeks after a one-dose vaccine.
- [Learn how to find a COVID-19 vaccine](#) so you can get it as soon as you can.
- People [who have been fully vaccinated](#) can start to do some things that they had stopped doing because of the pandemic.
- [Bust myths and learn the facts about COVID-19 vaccines](#).



## Resident Spotlight

Ms. Ogle, a Willow Oaks resident, loves to write poems and recently wrote two poems for our staff members at Birmingham Green. We are delighted to share those poems with you.

For National Nursing Assistants Week:

*Happy National Nursing Assistants Week  
We hope it will be a pleasant one for you  
You have so many critical duties to perform  
But somehow you always do come through  
From taking vitals, temps and blood pressure  
Giving meds throughout the night and day  
Your work is very precise and orderly  
Each thing you do is important in every way  
You give baths, serve meals and give assistance  
You are always busy with some kind of work  
You need good communication and data entry skills  
You take good care of those who are hurt  
You seem to be able to do the impossible  
And Teamwork is a must for you  
Your kindness is always appreciated  
We certainly thank you for everything you do*

In honor of Vivian Coda, Life Enrichment Manager on her last day at Willow Oaks:

*To our dear, dear wonderful Vivian  
We are really sad to see you go  
You have been such a blessing to all of us  
You are irreplaceable; we all know  
You have been a great enrichment director  
We all loved enjoying and working with you  
It is hard to daily entertain so many people  
You certainly did the impossible; it's true  
No matter where you go, they will love you  
You are an expert in your profession and your work  
We hope you will enjoy your new assignment  
But when we heard you were leaving soon, our  
hearts were hurt  
Always take good care of yourself in the future  
You have a lot to give to everyone you'll meet  
We wish you great success in your endeavors  
Thank You for being so kind, so gracious and so  
sweet*

### Father's Day at Birmingham Green

Father's Day focused on family visits, a parade, and an antique car show put on by the Northern Virginia Muscle Car Association.



### Independence Day (July 4<sup>th</sup>)

Independence Day featured a variety of resident activities including food, crafts and patriotic entertainment featuring Jeff Levin.

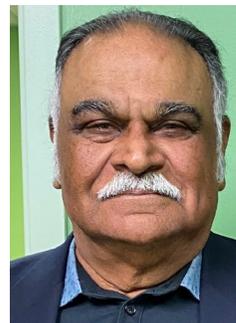


### Willow Oaks - AHCA/NCAL 2021 Bronze Quality Award Recipient

On June 8, 2021, the America Health Care Association and the National Center for Assisted Living (AHCA/NCAL) announced that Willow Oaks Assisted Living was one of only 39 assisted living communities across the U.S. to receive their coveted Bronze Quality Award. The Bronze Quality Award is the first of three distinctions possible through the AHCA/NCAL Quality Award program. Each application is reviewed and judged against a set of nationally recognized standards for achieving excellence.

The official award will be presented during the AHCA/NCAL's 72<sup>nd</sup> Convention & Expo at National Harbor, Maryland which will be held from October 10-13, 2021.

### Birmingham Green Welcomes New Medical Staff



We are pleased to welcome Dr. Romaldo DeSouza to our Birmingham Green medical team effective July 1, 2021. Dr. DeSouza has over 25 years of experience in long-term care and is board certified in pulmonary/critical care, internal medicine, and geriatric medicine. Dr. DeSouza replaces Dr. Jun Quion who provided care to Birmingham Green residents for over three years. We wish Dr. Quion all the best in his future endeavors and are excited to welcome Dr. DeSouza to our Birmingham Green family.

Welcome to the staff of PsychoGeriatric Services, LLC. Dr. Umar Rahman and Nurse Practitioner, Valthea Fry, will be providing the Nursing Home with on-site consulting services, 24-hour on-call psychiatric counseling, emergency visits, and staff development programs. There are also future plans to expand services and provide Telepsychiatry service offerings.

## Fall/Flu Season – Focus on Infection Control

As things start returning to normal, it is not too early to begin to prepare for fall flu season. Last year's flu season was minimal due in large part to all the COVID-19 precautions that were in place (mask, hand washing, social distancing, vaccination, etc.).

It is important to note that anyone can get the flu, but it is more dangerous for people over the age of 65 or people with certain health conditions or weakened immune systems who have a much higher risk of developing serious complications such as pneumonia, bronchitis, and sinus or ear infections. Each year, thousands of people die from these complications and many more are hospitalized.

As we move into the fall season, it is especially important to consider the following.

1. Alcohol-based hand sanitizer is more effective at reducing bacterial counts on hands and less drying than simply washing with soap and water.
2. Everyone 6 months and older should get a flu vaccine to prevent the spread of the flu.

This flu season, protect yourself, your loved ones, and those around you by getting a flu vaccine. For more information visit <http://www.cdc.gov/flu>.

As we strive to keep our residents safe, we ask that you postpone any visits if you are experiencing COVID-19, flu, cold or other symptoms of illness.



## District Home Leadership Update



**Congr  
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to **Robert Wagner**, District Home Administrator who was appointed effective May 31, 2021. Robert previously served in the position on an interim basis. Robert has been a Birmingham Green team member for more than 12 years, serving in various positions throughout the organization.

## Welcome to Hunny Bunny



Hunny Bunny joined us at Birmingham Green on May 10, 2021. She was born on April 21, 2021, and was donated by John Mays and Family.

Hunny Bunny's name was voted on by the resident empowerment group. The residents love to hold and pet her and she loves being held and petted! Staff and residents are responsible for her continuing care and report that Hunny Bunny is enjoying her new home in the Garden Hill Neighborhood.

## Volunteers Needed!

We are excited to welcome volunteers back to Birmingham Green. If you would like to volunteer, below is a list of our needs:

- Instrumentalists (no vocals) for lunch (11:30am – 12:30pm) and dinner (5:00pm – 6:00pm) and other special music times.
- Assisted Living Dining Room Associates (serving meals to seated residents and monitoring the room at each mealtime).
- Nursing Home Meal Assistants (help an

## Facility Updates!

### Beauty Shop

The beautician has returned back to campus! Please contact Naomi Ingram in the Business Office if your loved one's authorization form needs to be updated.

### Dental Services

Birmingham Green is partnering with The Fenwick Foundation, a 501(c)(3) public charity, to provide on-site, low-cost dental care to our residents. If you are interested in the dental services, various forms need to be completed prior to being scheduled. Please contact your social worker for additional information.

### Paving Project

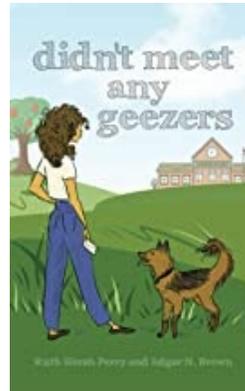
A resurfacing project is underway across campus. We will continue normal operations inside the building throughout the repaving project.

The entrance at the back of the campus on Euclid Avenue temporarily opened on Monday, June 28, 2021. Paving of the main driveway off Centreville Road (Route 28) is now complete.

There may be times where visitors are asked to park behind the buildings and enter through the main entrance. If accommodations are needed, please contact the front desk at 703-257-0935 to enter through an alternate entrance. The project is expected to last 6-8 weeks and should be completed by the end of August (weather permitting).



## Community Support



Birmingham Green is honored that Ruth Hersh Perry, author, and Edgar N. Brown co-author, who recently transitioned have requested for all proceeds from the sale of their book to go to the Birmingham Green Foundation. *Didn't Meet Any Geezers*, will serve to educate and prepare young

people for visits to long-term care facilities. We ask for your support of the authors and the Birmingham Green Foundation by [purchasing a copy of \*Didn't Meet Any Geezers\*](#), which is now available in Paperback for \$9.99 on [Amazon.com](#).

You can also support us by designating us as your [smile.amazon.com](#) choice by selecting - Health Ctr Comm for Cnts Fairfax Fauquier Loudn & Prn Wm & Cty Alx - EIN: 54-1438692.

A contribution to the Birmingham Green Foundation, a 501(c)3 nonprofit organization, helps provide needed care for our residents.

**For more information, or to make a monetary donation please visit:** [birminghamgreen.org/foundation](#)

## Let's Connect



Website:

[birminghamgreen.org](#)



Facebook:

[facebook.com/BirminghamGreen](#)



Twitter:

[twitter.com/birminghamgreen](#)



Instagram:

[instagram.com/BirminghamGreen/](#)



LinkedIn:

[linkedin.com/company/birmingham-green](#)

Caring for nursing home and assisted living residents requires a range of staff expertise. The following is a list of personnel dedicated to your lovedone's care and promoting a quality life.

### **BIRMINGHAM GREEN HEALTH CARE CENTER**

Administrator	Mary Vorpahl, LNHA ~ Ext. 6243
Assistant Administrator	Aaron Rebeck, LNHA ~ Ext. 6209
Director, Life Enrichment (NH and AL)	Christina Cole, CTRS, CDP ~ 571-241-1136
Interim Director, Food Services	Nicci Faw ~ Ext. 6228
Registered Dietitian - Nursing Home	Jennie Merritt, RD ~ Ext. 6227
Nursing: Director of Nursing	Sheila Motley, RN ~ Ext. 6220
Nurse Manager, Cardinal Heights	Amanda Partlow, LPN ~ Ext. 6207
Nurse Manager, Garden Hill	Sheila Walker, RN ~ Ext. 6218
Nurse Manager, Cherry Blossom Estates	Connie Burelle, RN ~ Ext. 6225
Infection Control Preventionist	Patience Adjaho, RN ~ Ext. 6261
Rehab Therapy	Maithili Patibandla, PT ~ Ext. 6258
Social Worker/Case Manager	Christine Shriner, CDP, CMDCP ~ Ext. 6229
	Ni'Veka Boswell, LCSW ~ Ext. 3493
Admissions Coordinator	Jeanie Carver ~ Ext. 6206
Director, Volunteer & Support Services	Andre Porter ~ Ext. 6252
Director, Facilities	John May ~ Ext. 6273
Director, Environmental Services	Julio Mogollon ~ Ext. 6249

### **WILLOW OAKS Assisted Living**

Administrator	Tracy Maynard, ALFA, BS, CMC, ADC ~ Ext. 6253
Director of Nursing - Assisted Living	Kumba Sarr, RN ~ Ext. 6219
Social Worker/Case Manager	Clarice Morris ~ Ext. 6248
	David Leventhal ~ Ext. 6265
Nurse Manager	Angela Davis, RN ~ Ext. 6263
Director, Life Enrichment (NH and AL)	Christina Cole, CTRS, CDP ~ 571-241-1136
Admissions Supervisor – Assisted Living	Mary Tietjen ~ Ext. 6264

### **DISTRICT HOME Assisted Living**

Administrator	Robert Wagner ~ Ext. 6254
Nurse Manager	Michelle Short-Pack, LPN ~ Ext. 6294
Director of Nursing - Assisted Living	Kumba Sarr, RN ~ Ext. 6219
Director, Life Enrichment (NH and AL)	Christina Cole, CTRS, CDP ~ 571-241-1136
Admissions Supervisor – Assisted Living	Mary Tietjen ~ Ext. 6264

### **EXECUTIVE OFFICE**

Chief Executive Officer	Denise Chadwick Wright ~ Ext. 6240
Chief Operating Officer	Joan Thomas, LCSW, FACHE, MBA, CMC, LNHA ~ Ext. 6226
Chief Financial Officer	Wayne Moyer ~ Ext. 6213
Director Human Resources & Compliance	Alice Decker, BS ~ Ext. 6210